Vita-Mind®

MENTAL EMOTIONAL BALANCE[†]

DIETARY SUPPLEMENT

60 VEGGIE CAPSULES

Directions for use: As a dietary supplement, for ages 12 and older, take 2 capsules daily on an empty stomach or as directed by your healthcare provider.

WARNING: Do not use if you have bipolar disorder. If you are currently being treated for severe anxiety or depression, consult your healthcare provider before using this product. If you are currently using any prescription drugs, have any other ongoing medical condition or if you are pregnant or breastfeeding, consult your healthcare provider before using this product.

KEEP OUT OF THE REACH OF CHILDREN. Store in a cool, dry place. Do not use if safety seal is broken or missing.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured in an FDA Registered Facility using Good Manufacturing Practices (GMPs).







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Lot #: Best when used by:

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

	Amount Per Serving	% Daily Value
Magnesium (as magnesium bisglycinate)	110 mg	26%
Saffron Extract (2% safranal, 3% crocins) (stigma)	30 mg	*
Gamma-Aminobutyric Acid (GABA) (from rice germ extract)	29 mg	*

*Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, vegetable cellulose, magnesium stearate, silicon dioxide.

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