



TURN UP

A custom formula designed for your **daily boost**. Features a dynamic blend of vitamins, amino acids and minerals.†



30 - 0.47 oz (13.3 g) Packets
Net weight: 14.1 oz (399 g)

Isotonix ESSENTIALS®

An Isotonic-Capable
**DIETARY
SUPPLEMENT**



DIRECTIONS FOR USE

1

Pour contents of packet into a cup.

2

Add 8 fl oz of water into the cup and stir.

As a dietary supplement, take once daily or as directed by your healthcare provider. Maximum absorption occurs when taken on an empty stomach. This product is isotonic only if the specified amounts of water and powder are used.

This product contains no added wheat, soy, yeast, gluten, salt, preservatives or milk.

WARNING: Magnesium should be used cautiously in individuals with reduced kidney function due to an increased risk of hypomagnesemia. If you are currently taking monoamine oxidase inhibitors (MAOI) or angiotensin converting enzyme (ACE) inhibitors, do not use this product. If you have phenylketonuria (PKU), high blood pressure, thyroid disease/Graves' disease, schizophrenia or bipolar disorder, do not use this product. If you are currently using any prescription drugs, have an ongoing medical condition, or if you are pregnant or breastfeeding, consult your healthcare provider before using this product. Discontinue use and consult your healthcare provider if you experience diarrhea, abdominal cramping or discomfort.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry, place. Do not use if packet has been opened.

ENERGY FOCUS & CLARITY†

Supplement Facts

Serving Size: 1 Stickpack (13.3 g)
Servings Per Container: 30

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Calories	20		Potassium (as potassium bicarbonate)	335 mg	7%
Total Carbohydrate	5 g	2%*			
Total Sugars	5 g	**	Acai Fruit Juice	300 mg	**
Includes 4 g Added Sugars		8%*	L-Phenylalanine	200 mg	**
Vitamin C (as ascorbic acid)	100 mg	111%	Taurine	125 mg	**
Riboflavin	3.27 mg	251%	L-Tyrosine	100 mg	**
Niacin (as niacinamide)	15 mg NE	94%	Guarana Extract (seed) †	160 mg	**
Vitamin B6 (as pyridoxine HCl)	4.1 mg	241%	Mangosteen (fruit)	100 mg	**
Folate (as folic acid)	85 mcg DFE	21%	Glycine	100 mg	**
	(50 mcg folic acid)		Coenzyme Q10	60 mg	**
Vitamin B12 (as methylcobalamin)	3.6 mcg	150%	Pomegranate Extract (40% ellagic acid)	50 mg	**
Pantothenic Acid (as calcium pantothenate)	4 mg	80%	Yerba Mate Extract (leaf)	45 mg	**
Magnesium (as magnesium citrate and magnesium glycinate)	200 mg	48%	Green Tea Extract (leaf)	25 mg	**
Copper (as copper gluconate)	0.17 mg	19%	Carboline (as carboline tartrate)	20 mg	**
Chromium (as chromium picolinate and chromium picolinate)	215 mcg	614%	Lipase	5 mg	**
Sodium (as sodium bicarbonate)	75 mg	3%	Boron (as sodium borate)	2 mg	**

Other Ingredients: Fructose, citric acid, malic acid, grape juice powder, orange juice powder, silicon dioxide, natural raspberry flavor, rebaudioside A (stevia leaf), natural white grape flavor, orange flavor, beet root powder, natural grape flavor, raspberry fruit, luo han guo fruit extract, apple fiber, natural black cherry flavor, grape skin extract, passion fruit flavor, maltodextrin, glucose, lemon flavor, calcium sulfate, lime flavor

Manufactured for: Market America, Inc.
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† Herbal source of caffeine (24 mg/serving).

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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