

## HEALTHY GUT™ RESET PM

*for gut support and comfort from bloating\**

Specially formulated with scientifically tested nutraceuticals for improved gastrointestinal support.\* Made with melatonin, GABA, and L-Theanine to promote relaxation and support a healthy sleep-wake cycle.\* May help alleviate stomach discomfort caused by bloating, gas and cramps, promoting overall gut health.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

FOR MORE INFORMATION,  
PLEASE VISIT [TerraOrigin.com](https://TerraOrigin.com)

### BENEFITS

For digestive support\*

Helps alleviate stomach discomfort from bloating\*

Supports relaxation and sleep wake cycle\*



SUPPORTS GUT  
HEALTH & DIGESTIVE  
TRACT\*



MELATONIN, GABA,  
L-TRYPTOPHAN  
for calmness, relaxation  
and sleep-wake cycle\*

DIETARY SUPPLEMENT  
60 CAPSULES



# TERRA ORIGIN

## HEALTHY

# GUT RESET PM™

NON  
GMO



GLUTEN  
FREE



VEGAN



PRESERVATIVE  
FREE

## SUPPLEMENT FACTS

Serving Size: 2 Capsules  
Servings Per Container: 30

| Amount Per Serving                   |         | % Daily Value |
|--------------------------------------|---------|---------------|
| Zinc (from PepZinGl® Zinc Carnosine) | 2.15 mg | 20%           |
| Copper (as Copper Oxide)             | 1 mg    | 111%          |
| L-Alanyl-L-Glutamine                 | 500 mg  | †             |
| L-Theanine                           | 200 mg  | †             |
| Licorice Root Extract                | 100 mg  | †             |
| Slippery Elm Bark Extract            | 100 mg  | †             |
| Marshmallow Root Extract             | 100 mg  | †             |
| MSM (Methylsulfonylmethane)          | 100 mg  | †             |
| Gamma Amino Butyric Acid (GABA)      | 50 mg   | †             |
| Quercetin Dihydrate                  | 50 mg   | †             |
| PepZinGl® Zinc Carnosine             | 10 mg   | †             |
| Aloe Vera Leaf Extract               | 10 mg   | †             |
| Melatonin                            | 2 mg    | †             |

† Daily Value not established.

**Other Ingredients:** Hypromellose (Capsule), Microcrystalline Cellulose, L-Leucine.

PepZinGl® is a registered trademark of Hamari Chemicals, Ltd. Made in the U.S.A. from ingredients grown in the U.S.A. and other countries.

**SUGGESTED USE** As a dietary supplement take 2 capsules with 8oz of water, preferably at bedtime.

**WARNINGS** Store in a cool, dry place. Use only as directed. This product is not intended for persons under the age of 18. Do not drive or operate machinery or consume alcohol when taking this product. This product may cause drowsiness. Consult with your healthcare practitioner prior to consumption if you have any preexisting medical conditions or are on any medication. Keep out of reach of children. Do not use if outer seal is broken or missing.

**CONTACT** Carefully manufactured for and distributed by TERRA ORIGIN INC. 330 Oser Avenue, Hauppauge, NY 11788 U.S.A. ©2022 Terra Origin, Inc., [www.TerraOrigin.com](https://www.TerraOrigin.com), 631-300-2306.