

UNCONDITIONALLY GUARANTEED
for purity and labeled potency. To
preserve quality and freshness, store
bottle with cap tightly closed in a cool,
dry place.

NEM® is a registered trademark of ESM Technologies, LLC
and is registered in the United States and other countries.

FruiteX-B®, a registered trademark of VDF FutureCeuticals,
Inc. Pat. Fcpatent.com

MBP® is a registered trademark of MEGMILK SNOW BRAND
Co., Ltd. in the United States of America.

MBP® is protected under multiple U.S. patents.

†These statements have not been evaluated by the Food
and Drug Administration. This product is not intended
to diagnose, treat, cure, or prevent any disease.



WHITAKER NUTRITION®

Joint & Bone Essentials®



FOR HEALTHY JOINTS
AND STRONG BONES†

Includes research
levels of NEM®,
FruiteX-B®, and MBP®

Dietary Supplement 120 CAPSULES

Doctor's Suggested Use: Take 4 capsules daily with a meal.

Supplement Facts		
Serving Size: 4 Capsules		
Servings Per Container: 30		
Amount Per Serving		% DV
Vitamin D3 (as cholecalciferol)	50 mcg (2,000 IU)	250%
Calcium (as calcium carbonate from eggshell membrane)	50 mg	4%
Chloride (from glucosamine sulfate)	200 mg	9%
Potassium (from glucosamine sulfate)	200 mg	4%
Glucosamine Sulfate (from chitin)	1.5 g	*
Eggshell Membrane (NEM®)	500 mg	*
Calcium Fructoborate (FruiteX-B®)	222 mg	*
Milk Protein (MBP®)	40 mg	*
*Daily Value (DV) not established.		

Other ingredients: Gelatin, microcrystalline cellulose, magnesium stearate, silica

CONTAINS: SHELLFISH (crab, shrimp), EGG, MILK

Distributed by Healthy Directions, Bethesda, MD 20817
www.healthydirections.com

Precautions: Consult a health care practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications.

Keep out of reach of children.



SKU: JES 02 C18000, 2023 R-1
Please see bottom of bottle for Lot No. and Expiration Date

Almost Out? Call **1-800-722-8008**
or visit healthydirections.com
Choose **REFILL & SAVE** and Never Run Out!