

Scan for
product info



07/2025
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L02321E

Read the entire label and follow the
directions carefully.

DIRECTIONS: Take one (1) softgel
daily, or as recommended by a
healthcare practitioner.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is
damaged.
- Consult with your physician if you are
undergoing treatment for a medical
condition or if you are pregnant or
lactating.

*These statements have not been
evaluated by the Food and Drug
Administration. This product is
not intended to diagnose, treat,
cure, or prevent any disease.



**LIFE
EXTENSION®**

**Cognitex®
Alpha GPC**



Supports Brain Health*

30 SOFTGELS

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Calories	10	
Total Fat	1 g	1% [†]
Alpha-Glycerol Phosphoryl Choline	250 mg	**
Phosphatidylserine	100 mg	**
Wild blueberry extract blend (fruit)	100 mg	**

**Daily Value not established.

[†]% Daily Value based on a 2,000 calorie diet.

Other ingredients: safflower oil, gelatin, glycerin,
sorbitol, purified water, sunflower lecithin, carob color,
beeswax.

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, FL 33309 • LifeExtension.com
To report a serious adverse event or obtain
product information, contact 1-866-280-2852.

Store tightly closed in a cool, dry place.