

METABOLIC AGE SUPPORT

CARDIO KIT

This product contains 30 packets which represents a 30 day supply.

Supplement Facts

Serving Size 1 packet (2 capsules, 2 softgel capsules, 2 tablets)

Servings Per Container 30

Amount Per 1 Packet	%Daily Value	Amount Per 1 Packet	%Daily Value
Vitamin A (71% as beta-carotene, palmitate)	1700 mcg 189%	Bergamot Orange Fruit Extract (<i>Citrus bergamia</i>)	500 mg †
Vitamin C (ascorbic acid)	250 mg 278%	Fish Oil (anchovy, sardine, mackerel)	2000 mg †
Vitamin D ₃ (cholecalciferol)	7.5 mg 38%	Eicosapentaenoic Acid (EPA)	760 mg †
Vitamin E (d-alpha tocopheryl acetate)	36 mg 240%	Docosahexaenoic Acid (DHA)	380 mg †
Thiamin (B ₁ , thiamine mononitrate)	12.5 mg 1042%	Herbal and Protector Shield® Proprietary Blend	144 mg †
Riboflavin (B ₂)	10 mg 769%	Inositol, p-Aminobenzoic Acid (PABA), Fruit Blend (White Grape, Apple, Pear, Orange, Pineapple, Cherry, Strawberry, Blueberry), Dandelion Root, Alfalfa Aerial Parts, Asparagus Stem, Broccoli Flowers, Cabbage Leaf, Hesperidin Bioflavonoid Extract, Lemon Bioflavonoid Extract, Rutin, Rose Hips, Sodium Copper Chlorophyllin, Kelp Leaf & Stem, Lutein, Cranberry Fruit, Mangosteen Fruit, Carrot Root, Spinach Leaf & Stem, Tomato Fruit, Lycopene, Acai Berry, Pomegranate Fruit Extract, L-Leucine, L-Lysine, L-Valine, L-Isoleucine, Inositol, L-Phenylalanine, L-Threonine, L-Arginine, L-Methionine, L-Tyrosine, L-Cysteine.	
Niacin (niacinamide)	30 mg 188%	Proprietary Antioxidant Blend	210 mg †
Vitamin B ₆ (pyridoxine hydrochloride)	15 mg 882%	Apple Fruit Extract (<i>Malus pumila</i>), Turmeric Root & Rhizome Extract (<i>Curcuma longa</i>), Green Tea Leaf Extract (<i>Camellia sinensis</i>), Grape Seed Extract (<i>Vitis vinifera</i>), Mangosteen Pericarp Extract (<i>Garcinia mangostana</i>), Grape Skin Extract (<i>Vitis vinifera</i>), Olive Leaf Extract (<i>Olea europaea</i>), Blueberry Fruit Concentrate (<i>Vaccinium angustifolium</i>), Capsicum Fruit (<i>Capsicum annuum</i>).	
Folate	166 mcg DFE 42% (100 mcg folic acid)		
Vitamin B ₁₂ (cyanocobalamin)	50 mcg 2083%		
Biotin	150 mcg 500%		
Pantothenic Acid (d-calcium pantothenate)	75 mg 1500%		
Choline (bitartrate)	8 mg 1%		
Calcium (dicalcium phosphate, citrate, amino acid chelate)	200 mg 15%		
Phosphorus (dicalcium phosphate)	110 mg 9%		
Iodine (potassium iodide)	100 mcg 67%		
Magnesium (oxide, amino acid chelate)	200 mg 48%		
Zinc (gluconate)	15 mg 136%		
Selenium (amino acid chelate)	50 mcg 91%		
Copper (gluconate)	1 mg 111%		
Manganese (amino acid chelate)	1.5 mg 65%		
Chromium (amino acid chelate)	50 mcg 143%		
Potassium (citrate)	50 mg 1%		

Other Ingredients: Cellulose, capsule (gelatin, water), capsule (gelatin, glycerin, water), stearic acid, lemon oil, magnesium stearate (vegetable), silicon dioxide.

NATURE'S SUNSHINE PRODUCTS, INC.
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The IN.FORM™ Metabolic Age Support Cardio Kit is a convenient, daily-use solution that supports cardiovascular health in one go-anywhere cello pack.* The Cardio Kit features breakthrough supplements that include a patent-pending, proprietary phytonutrient blend, Omega-3 fatty acids DHA and EPA, vitamins and minerals. These supplements were selected as part of the clinically studied IN.FORM program[‡] for their ability to support healthy cardiometabolic function.*

- Proprietary, patent-pending antioxidant blend with Bergamot extract to synergistically support modulation of LDL cholesterol and healthy cholesterol levels already within the normal range*
- Provides 760mg EPA/380mg DHA to maintain blood pressure already within the normal range, support cardiovascular function, brain health and a positive mood*
- Source of 22 essential vitamins and minerals, herbs and antioxidant fruit extracts.

RECOMMENDATION: Take one packet daily.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*

Inner packets not labeled for individual retail sale.

This carton was sealed for your protection. Do not use if seal is missing or damaged. Nature's Sunshine uses natural source materials that are subject to color variation.

†Controlled human clinical study of IN.FORM program for improving key health indicators, including metabolic age, healthy body composition, weight management, and cardiovascular health by supporting gut health, NSP 2015

***Supportive, but not conclusive, research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease*

Stock No. 3096

IN.FORM™



NEW!

METABOLIC AGE SUPPORT[§]

CARDIO KIT

PATENT-PENDING PROPRIETARY FORMULA

Provides support for healthy:

- Circulatory function*
- Modulation of LDL cholesterol*
- Levels of Omega-3 fatty acids, DHA and EPA, that may reduce the risk of coronary heart disease**
- Antioxidant cellular protection*



Dietary Supplement

30 PACKETS - (120 Capsules, 60 Tablets)

NATURE'S SUNSHINE[®]

WHAT IS THE IN.FORM PROGRAM?

IN.FORM is a proprietary, clinically studied program* that combines positive lifestyle changes with cutting-edge supplements. By supporting a healthy gut microbiome, the IN.FORM program offers a path to healthy metabolic age and function by supporting healthy body composition, weight management, and cardiovascular function all in one easy-to-follow program.

Learn more about the IN.FORM program and the complete line of products at NaturesSunshine.com/INFORM

For best results, use in conjunction with other IN.FORM products as recommended by a certified IN.FORM coach.

[§]This product is a key part of the IN.FORM Program and when used as part of this program:



Supports healthy metabolic age*



Supports healthy body composition*



Supports cardiovascular health*



Is clinically studied[‡]