



# DR. CLARK STORE®

## LEADER IN PURITY

Established by Dr. Clark's Family in 1993

# Kidney Cleanse Tea



Hydrangea Root / Marshmallow Root / Gravel Root | 1/2 Cup Each

**Suggested Use:** Soak 1/4 cup of each herb (1/2 each bag) in 11 cups (2.6 liters) of water for at least 4 hours or overnight. Bring to a boil and reduce to simmering for 20 minutes. Remove from heat and cool before straining herbs. Drink 1/4 cup of tea per day, or as directed by a healthcare professional. Store prepared tea in a refrigerator. Re-boil prepared tea every 3rd day to sterilize. Strained herbs can be frozen and used one more time.

**Optional:** After soaking herbs, add 4 fl. oz. (or to taste) of Black Cherry Concentrate. Boil, simmer, and strain as directed.

Store dry herbs at room temperature.  
Keep away from children.

**Warning:** If you are pregnant, nursing or taking any medications, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor.

Self Health Resource Center®  
Chula Vista, CA 91911  
[www.DrClarkStore.com](http://www.DrClarkStore.com)



Our products don't contain flow agents like Magnesium Stearate. Not now, not ever.

REV 2 Lot# 100013 06/2024



### Supplement Facts

Serving Size: 1/2 Cup Prepared Tea  
Servings Per Container: 26

Amount Per Serving		% Daily Value
Proprietary Blend	3,750 mg	†
Hydrangea Root ( <i>Hydrangea arborescens</i> )		†
Marshmallow Root ( <i>Althaea officinalis</i> )		†
Gravel Root ( <i>Eupatorium purpureum</i> )		†

† Daily Value not established.