



DR. CLARK STORE®

LEADER IN PURITY

Established by Dr. Clark's Family in 1993

Essiak Tea

1 Cup
Dietary Supplement



Suggested Use:

Bring ½ gallon (1.9 L) of water to a boil. Add ¼ cup of tea powder to water and continue to boil for 10 minutes covered, stirring occasionally. Remove from heat and let sit covered for 6 hours. Stir thoroughly, cover and let sit for another 6 hours. Reheat to boiling and strain into light proof containers. Refrigerate prepared tea. Drink ¼ cup prepared tea on an empty stomach.

Warning: If you are pregnant, nursing or taking any medications, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor.

Self Health Resource Center®
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Customer Service Toll Free:
(866) DR-CLARK (372-5275)
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Supplement Facts

Serving Size: ¼ Cup Prepared Tea

Servings Per Container: 128

Amount Per Serving	% Daily Value
Proprietary Blend	891 mg †
Burdock Root (Arctium lappa), Rhubarb Root (Rheum palmatum), Sheep Sorrel (Rumex acetosella), Slippery Elm Bark (Ulmus fulva)	

† Daily Value not established.

Store unused herbs at room temperature.
Keep away from children.



Our products don't contain
flow agents like Magnesium
Stearate. Not now, not ever.

