

HERBAL EXPERTS *since* 1972



NATURE'S
SUNSHINE™



Para-Cleanse

PROVIDES TARGETED INTESTINAL SUPPORT*

With Black Walnut, Herbal Pumpkin and Artemisia

DIETARY SUPPLEMENT

10-DAY
PROGRAM

20 PACKETS (120 Capsules)



Supplement Facts

Serving Size 1 Packet (6 capsules)
Servings Per Container 20

Amount Per 1 Packet	%Daily Value
Black Walnut Unripe Hulls Extract (<i>Juglans nigra</i>)	480 mg†
Acetogenins (from Paw Paw twig extract, <i>Asimina triloba</i>)	8.5 mg†
Herbal Pumpkin Proprietary Blend Pumpkin Seed (<i>Cucurbita pepo</i>), Black Walnut Hulls (<i>Juglans nigra</i>), Cascara Sagrada Bark (<i>Rhamnus purshiana</i>), Chamomile Flowers (<i>Matricaria recutita</i>), Mullein Leaf (<i>Verbascum thapsus</i>), Marshmallow Root (<i>Athaea officinalis</i>), Slippery Elm Inner Bark (<i>Ulmus rubra</i>)	980 mg†
Artemisia Combination Proprietary Blend Elecampane Root (<i>Inula helenium</i>), Mugwort Aerial Parts (<i>Artemisia vulgaris</i>), Clove Flower (<i>Syzygium aromaticum</i>), Garlic Bulb (<i>Allium sativum</i>), Ginger Rhizome (<i>Zingiber officinale</i>), Spearmint Leaf and Flower (<i>Mentha spicata</i>), Turmeric Rhizome (<i>Curcuma longa</i>), Olive Leaf Extract (<i>Olea europaea</i>), Sweet Wormwood Aerial Parts (<i>Artemisia annua</i>)	778 mg†

†Daily Value not established.

Other Ingredients: Capsule (gelatin, water), cellulose, vegetable magnesium stearate,
silicon dioxide.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Nature's Sunshine Products, Inc. • Spanish Fork, Utah 84660
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RECOMMENDED USE: Take the contents of one packet
(6 capsules) with breakfast and with dinner daily for 10 days.
Drink one glass (8+ ounces) of water with the capsules.

NOTICE: This product contains cascara sagrada. Read and follow directions
carefully. **Do not use if you have or develop diarrhea, loose stools, or abdominal
pain because cascara sagrada may worsen these conditions and be harmful to
your health.** Consult your physician if you have frequent diarrhea, or if you are
pregnant, nursing, taking medication, or have a medical condition.

Do not exceed recommended dose. Not for long-term use.

Inner Packets not intended or labeled for individual sale.

This carton was sealed for your protection. Do not use if seal is missing or damaged.
Nature's Sunshine uses natural source materials that are subject to color variation.

Stock # 4115
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ARTEMISIA COMBINATION

This combination of Artemisia, mugwort, sweet
wormwood, elecampane and other selected herbs is
traditionally believed to create a friendly
environment for intestinal flora.*

HERBAL PUMPKIN

A traditional blend of pumpkin seeds, Cascara
sagrada, mullein, slippery elm and other herbs for
supporting the digestive system.*

BLACK WALNUT

Provides traditional intestinal system support.*

PARA-CLEANSE

The herbal formulas included in Para-Cleanse help
support bowel function and support the body's
cleansing and detoxification processes.*

A healthy diet is recommended, focusing on
vegetables (especially green leafy), fresh fruits, and
whole grains; and minimizing red meat, coffee,
alcohol, sugar, processed, and fried foods.

CONTENTS

Packet

- 2 Artemisia Combination capsules
- 2 Herbal Pumpkin capsules
- 1 Black Walnut capsule
- 1 Paw Paw capsule