

Muscle-Ease PM is an exceptional blend of bioavailable minerals and specialized herbs that is designed to provide comprehensive support for neuromuscular relaxation. The components of this formula work in concert to provide enhanced support for healthy muscle relaxation.*

Directions: Take three tablets once daily or as directed by your healthcare practitioner.

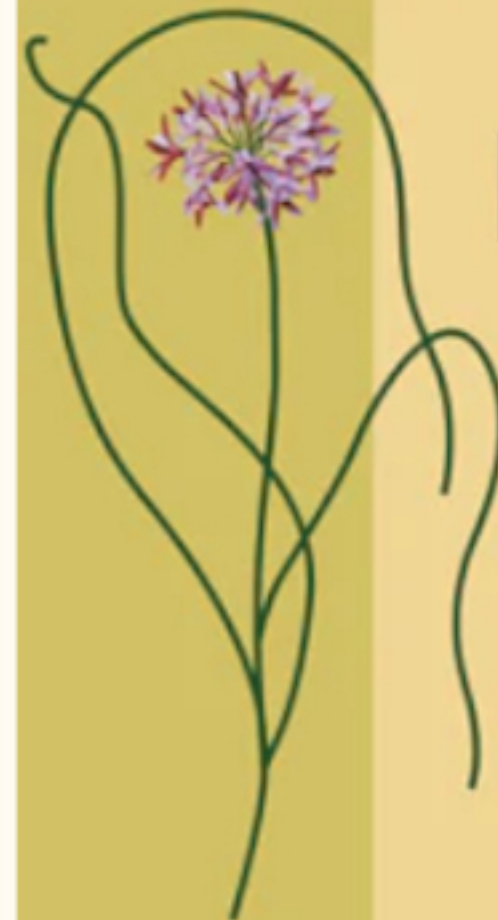
This product is non-GMO, gluten-free, and vegetarian.

Caution: If pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Use with caution when driving or operating machinery; may cause drowsiness. Keep out of the reach of children.

Do not refrigerate.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Akasha
NATURALS



Muscle-Ease PM

Enhanced Support
for Muscle Relaxation*

Dietary Supplement
60 TABLETS

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 20

Amount Per Serving	% Daily Value
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Calcium (as calcium lactate)	75 mg	6%
Magnesium (as magnesium citrate)	150 mg	36%

Lemon Balm (<i>Melissa officinalis</i>)	150 mg	*
Leaf 4:1 Extract		

Hops (<i>Humulus lupulus</i>) Cone 7.5:1 Extract.....	60 mg	*
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Passionflower (<i>Passiflora incarnata</i>)	60 mg	*
Flower 5.5:1 Extract		

Valerian (<i>Valeriana officinalis</i>) Root Extract.....	30 mg	*
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*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose).

DISTRIBUTED BY:
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www.akashanaturals.com