

Supplement Facts Cont'd

Amount Per Serving	%Daily Value
Rhodiola Rosea 300mg	***
Elderberry 10:1 200mg*	***
Fo-Ti 100mg	***
Dong Quai 100mg	***
Chastetree Berry (Vitex) 100mg	***
Hawthorn Leaves, Berries & Flowers 100mg	***
Evening Primrose Oil 80mg	***
Eleuthero 66mg	***
Cranberry Fruit Extract 50mg	***
Horsetail 50mg	***
Peppermint 50mg	***
Soy Protein Concentrate 50mg	***
L-Arginine 50mg	***
L-CYSTEINE 50mg	***
Milk Thistle 20mg	***
Lutein 6mg	***
Hyaluronic Acid (Joint Fluid) 3mg	***

Multi-Thin™ Blend: 1720mg*
 Cha De Bugre 4:1, Green Tea Leaf Extract,
 Glucomannan, Hoodia Gordonii 20:1

Other Ingredients: Magnesium Stearate, Silica
 and USP Kosher Gelatin Capsules. Contains Soy.

* Quantity converted to unconcentrated equivalent
 *** Daily Value not established

DIRECTIONS: Take
five capsules a day.

To maintain energy level, you
 may split dosage between
 morning and afternoon.

Protect from heat, light
 and moisture. Store at
 59-86°F. DO NOT buy if
 the outer seal is broken.

CAUTION: Vitarol™ is not
 suggested for children under
 18. Vitarol™ contains powerful,
 natural herbs. If you experience
 any discomfort or adverse
 reactions, discontinue use
 immediately. Do not use if you
 are pregnant or nursing. If you
 have a medical condition or are
 taking medication, consult your
 physician before using.

**These statements have not
 been evaluated by the
 FDA. This product is not
 intended to treat, cure or
 prevent any disease.**

Century Systems
 Atlanta, GA
www.Vitarol.com

Rev 0108A

**COMPLETE WOMEN'S MULTI-VITAMIN**

Plus Nutritional Support for 12 Body Areas

Hair, Skin & Nails

Appetite Control

Vision

Memory

Stress

Breast

Heart

Joints

Urinary

Immune

Hormones

Sex Organs



150 Capsules-30 Day Supply

Supplement Facts

Serving Size: 5 Capsules Servings Per Container: 30

Amount Per Serving	%Daily Value
Vitamin A - Beta Carotene 1050IU	21
Vitamin A - Palmitate 2450IU	49
Vitamin C 180mg	300
Vitamin D 400IU	100
Vitamin E 60IU	200
Vitamin B-1 30mg	2000
Vitamin B-2 34mg	2000
Niacinamide 20mg	***
Vitamin B-6 10mg	500
Folic Acid 400mcg	100
Vitamin B-12 120mcg	2000
Biotin 300mcg	100
Pantothenic Acid 10mg	100
Calcium 50mg	5
Iron (Gentle, non-constipating form) 6mg	33
Iodine 150mcg	100
Magnesium 50mg	12
Zinc 15mg	100
Selenium 70mcg	100
Copper 1mg	50
Manganese 4mg	200
Chromium 120mcg	100
Potassium 99mg	3
Choline 10mg	***
Inositol 10mg	***
PABA 30mg	***
Boron 3mg	***
CoQ10 10mg	***
Odorless Garlic 50mg	***
Ginkgo Biloba 50mg	***
Bromelain 100mg	***



The multi-vitamin you can feel