

HERBAL
EXPERTS
since 1972



NEW
LOOK!

IMPROVED
FLAVOR

Love & Peas

*A Blend of Pea Protein and
Nourishing Whole Foods*

PROTEIN RICH MEAL REPLACEMENT

NATURAL VANILLA FLAVOR

20g PROTEIN
per serving



NET WT 1 LB 8 OZ (675 G)



Nutrition Facts

15 servings per container

Serving size

2 scoops (45g)

Amount per serving

Calories

190

% Daily Value*

Total Fat 4g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 390mg	17%
Total Carbohydrate 17g	6%
Dietary Fiber 5g	18%
Total Sugars 9g	
Includes 9g Added Sugars	18%
Protein 20g	40%
Vitamin D 15mcg	80%
Calcium 20mg	2%
Iron 2mg	10%
Potassium 150mg	4%
Vitamin A 300mcg	35%
Vitamin C 70mg	80%
Thiamin 0.9mg	80%
Riboflavin 1mg	80%
Niacin 12mg	80%
Vitamin B6 1.3mg	80%
Folate 200mcg DFE (120mcg folic acid)	50%
Vitamin B12 1.8mcg	80%
Biotin 23mcg	80%
Pantothenic Acid 4mg	80%
Iodine 113mcg	80%
Zinc 9mg	80%
Selenium 42mcg	80%
Copper 0.7mg	80%
Manganese 1.8mg	80%
Chromium 27mcg	80%
Molybdenum 34mcg	80%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Pea protein concentrate, fructose, sunflower oil, soluble vegetable fiber, natural flavors, fructooligosaccharides, medium chain triglycerides, pea fiber, rice protein, flax seed, plant fiber, potassium citrate, guar gum, gum acacia, xanthan gum, sodium citrate, carrot powder, ascorbic acid, steviol glycosides, plant enzyme blend, cranberry powder, broccoli powder, grape seed extract, black bean powder, blueberry powder, borage oil, selenium amino acid chelate, niacinamide, zinc oxide, luohan guo extract, manganese citrate, ergocalciferol (vitamin D2), calcium D-pantothenate, vitamin A palmitate, copper gluconate, biotin, potassium iodide, pyridoxine hydrochloride, folic acid, molybdenum amino acid chelate, riboflavin, thiamine hydrochloride, chromium picolinate, methylcobalamin.

Made in a facility that processes milk, soy, wheat and egg. Produced in a GMP facility with an allergy control plan. The possibility of contact with allergenic ingredients has been minimized.

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Love & Peas



We call it Love and Peas because that's what it's made of. Protein, carefully extracted from farm fresh peas, and a whole bunch of other natural ingredients, are lovingly blended into pure vegetable goodness.

Love and Peas is packed full of 21 vitamins and minerals, antioxidants, digestive enzymes and beneficial fats from flaxseed and borage oil. This is where nutritious and delicious snuggle up tight, like two peas in a pod.

RECOMMENDED USE:

Mix two level scoops (45 g) of Love & Peas powder with 12-16 ounces of cold water or other liquid. Mix to taste.



For additional healthy benefits, blend with Rujevenaid, UltraBiome DTX, fresh fruits and vegetables.

This bag has been sealed for your protection. Do not use if the seal is open or is damaged. The weight stated on this bag is correct; product settles during shipping. Nature's Sunshine uses natural source materials that are subject to color variation.

We are committed to you and our planet.
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