

\*These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure, or prevent any disease.

Bottle made from 100% post consumer recycled material.

We are committed to you and our planet. Scan to learn more.



Recommended Use: Take 2 capsules with a meal three times daily.

Ayurveda, Sanskrit for "The Science of Life", is one of the world's oldest recorded systems of natural health. The Ayurvedic view of physical and mental well-being has experienced a renewed interest as people take a proactive approach to their personal health. Nature's Sunshine authentic formula, developed in concert with herbs direct from India, is true to the Ayurvedic philosophy of restoring balance to the body.\*

Do not use if inner seal is missing or damaged.



**Ayurvedic Formula** 

NEW LOOK! SAME GREAT PRODUCT

## **TRADITIONAL STRUCTURAL SUPPORT\***

WITH HERBAL EXTRACTS

Supports Joint Health & Flexibility\*

Dietary Supplement

100 CAPSULES



## **Supplement Facts**

Serving Size 2 Capsules Servings Per Container 50

## **Amount Per 2 Capsules**

Proprietary Blend 820mg†
Ashwagandha Root (*Withania somnifera*), Guggul
Gum Extract (*Commiphora mukul*), Chinese Smilax
Root (*Smilax china*), Indian Frankincense Gum
(*Boswellia serrata*), Holarrhena Bark (*Holarrhena antidysenterica*), Skunkvine Leaf Extract (*Paederia foetida*), Chinese Chaste Tree Leaf Extract (*Vitex negundo*), Cyperus Tuber (*Cyperus rotundus*), Indian Tinospora Stem (*Tinospora cordifolia*), Celery Seed (*Apium graveolens*), Boerhavia Root (*Boerhavia diffusa*), Ajowan Fruit (*Trachyspermum ammi*),
Tribulus Fruit (*Tribulus terrestris*), Fenugreek Seed Extract (*Trigonella foenum-graecum*)

†Daily Value not established.

Other Ingredients: Capsule (gelatin, water), vegetable magnesium stearate.