

**NATURE'S  
SUNSHINE™**

# Detox Basics™

**DAILY DETOXIFYING PROGRAM\****With Milk Thistle, Berberine and Probiotics*

DIETARY SUPPLEMENT

**30-DAY  
SUPPLY****30 PACKETS**  
(120 Capsules, 60 Tablets)

## Supplement Facts

Serving Size 1 Packet (2 tablets, 4 capsules)  
Servings Per Container 30

Amount Per 1 Packet		%Daily Value
Vitamin A (beta-carotene)	4 mg	444%
Vitamin C (ascorbic acid)	240 mg	267%
Choline (bitartrate)	22 mg	4%
<i>Bacillus coagulans</i>	1 Billion CFU	†
Berberine [from Indian Barberrry Root ( <i>Berberis aristata</i> )]	1000 mg	†
N-Acetyl-L-Cysteine	355 mg	†
Milk Thistle Seed Extract (80% Silymarin) ( <i>Silybum marianum</i> )	175 mg	†
Dandelion Root ( <i>Taraxacum officinale</i> )	150 mg	†
Inositol	55 mg	†
Turmeric Rhizome ( <i>Curcuma longa</i> )	12 mg	†

†Daily Value not established.

Other Ingredients: Cellulose, vegetable capsules (hypromellose, water), dicalcium phosphate, inulin, vegetable stearic acid, vegetable magnesium stearate, silicon dioxide, maltodextrin.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

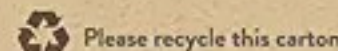
Nature's Sunshine Products, Inc. • Spanish Fork, Utah 84660  
(800) 223-8225 • [naturesunshine.com](http://naturesunshine.com)**RECOMMENDED USE:** Take the contents of one packet (2 tablets, 4 capsules) before a meal, once daily.

Each convenient, single-serving packet provides scientifically studied ingredients that:

- Support gut health to combat endotoxins\*
- Support liver health and toxin elimination\*
- Contain shelf-stable probiotics and prebiotics to support balance of the microbiome and healthy detoxification\*
- Supports circulatory, glandular and immune systems\*

Inner Packets not intended or labeled for individual sale.

This carton was sealed for your protection. Do not use if seal is missing or damaged. Nature's Sunshine uses natural source materials that are subject to color variation.

Stock # 3986  
010920**Please recycle this carton.**We are committed to you and our planet.  
Scan QR code to learn more.

### BACILLUS COAGULANS

A naturally heat-resistant, friendly probiotic strain, *Bacillus Coagulans* provides targeted support to the intestines and helps maintain the balance of the gut microbiome.\*

### MILK THISTLE

Provides nutrients and antioxidants that support and protect the liver and its functions. Silymarin, found in Milk Thistle, helps stabilize liver cell membranes, which helps guard liver cells from toxins.\*

### DANDELION ROOT

Naturopaths believe dandelion may help detoxify the liver. Traditionally used as a liver tonic, dandelion contains polysaccharides that may support liver function.\*

### BERBERINE

Supports healthy gut performance and helps combat endotoxins by inhibiting their ability to bind to muscle cells.\*

### DETOX BASICS™

The human body is remarkable in its ability to neutralize toxins, chemicals, and waste products. They are broken down and converted into less toxic forms—eliminated by the liver, intestine, and kidneys. Detox Basics is designed to support a healthy liver and intestinal function to protect against oxidative stressors.\*

Detox Basics provides your body with the nutrients it needs to help neutralize, prepare, and convert toxins for transport and elimination on a daily basis.\*

### CONTENTS

#### Packet

- 1 Milk Thistle Combination tablet
- 1 N-Acetyl Cysteine tablet
- 3 Berberine capsules
- 1 *Bacillus Coagulans* capsule