

**SUGGESTED USAGE:** As a dietary supplement, adults take 3 tablets daily or as directed by your health professional.

Gluten-free, Non-GMO

**WARNING:** If you are pregnant, nursing, have any health condition or taking any medication, consult your health professional before using this product.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #202768-180-PL-2269935

Manufactured for:  
PureFormulas  
11800 NW 102nd Road, Suite 2  
Miami, FL 33178  
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This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

PUF1042

*Live life pure.*<sup>TM</sup>

**PURE  
FORMULAS**

# Calcium+ Magnesium

Mineral support for healthy bones<sup>†</sup>



**180 TABLETS**  
DIETARY SUPPLEMENT

## Supplement Facts

Serving Size 3 Tablets  
Servings Per Container 60

	Amount Per Serving	%DV
Vitamin C (as ascorbic acid)....	150 mg	167%
Vitamin D <sub>3</sub> .....	1.875 mcg (75 IU) [as cholecalciferol]	9%
Calcium .....	750 mg	58%
[as calcium citrate/ carbonate/ascorbate complex]		
Magnesium .....	375 mg	89%
[as magnesium aspartate/ ascorbate/oxide complex]		
Glutamic Acid .....	150 mg	*
Boron (as boron citrate).....	3 mg	*

\*Daily Value (DV) not established

Other ingredients: Microcrystalline cellulose, coating (calcium carbonate, hydroxypropyl methylcellulose, isomalt, medium chain triglycerides), stearic acid and vegetable stearate