

How to use

Initial use: press the pump 3 times to get the liquid flowing. Shake well before every use. Carefully spray into your mouth, taste and swallow. Replace cap after use.

Directions

Use 3 sprays daily. Best Before End: see base of carton. Once opened, use within 6 months. Store at room temperature and out of direct sunlight. **WARNINGS** Keep out of reach and sight of children. Do not exceed recommended dosage – excessive consumption may produce laxative effects. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Suitable for vegetarians.

Supplement Facts

Serving size 3 sprays (approx 0.013 fl. oz (0.39ml))
Servings per container 30

	Amount per serving	% Daily Value
Vitamin D (as cholecalciferol)	75mcg (3000 IU)	375%
Vitamin K (as K2; MK-7)	75mcg	63%

Other ingredients: Water, xylitol, acacia gum, sunflower lecithin, citric acid, potassium sorbate (preservative), flavoring (natural peppermint oil), DL- α -tocopheryl acetate (vitamin E).

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Manufactured for BetterYou Ltd
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The UK's
original vitamin
oral spray
range

Recycling instructions

CARTON

This carton is made of material from well-managed, FSC®-certified forests and other controlled sources. Please recycle it with other paper and card products.

BOTTLE & PUMP

The bottle is made from 70% Ocean Waste Plastic – recovered from the Indian Ocean, the Caribbean Sea and the Philippine Sea – and 30% Post-Consumer Recycling (PCR). Separate components and recycle.

CAP

Our bottle cap is made from Post-Consumer Recycling (PCR) – this means it has been manufactured from recycled household plastics and can be recycled with them again.



www.betterplanetproject.co.uk



BetterYou®

D3000+K2 Vitamin D+K2 Daily Oral Spray

75mcg (3000 IU) of vitamin D3
75mcg of vitamin K2
per daily serving

IMMUNE
SUPPORT*

30
daily
servings

0.40 fl. oz (12ml) Natural peppermint flavor
DIETARY SUPPLEMENT – 30 servings

Nutritional
support in
a spray*



Vitamin K
supports normal
blood clotting*



Vitamin D
helps maintain
normal bones*



Vitamin D
supports a normal
immune system*



Formulated in
Great Britain



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