How to use

Initial use: press the pump 3 times to get the liquid flowing. Shake well before every use. Carefully spray into your mouth, taste and swallow. Replace cap after use.

Directions

Use 1 spray daily. Best Before End: see base of carton. Once opened, use within 6 months. Store at room temperature and out of direct sunlight

WARNINGS Keep out of reach and sight of children. Do not exceed recommended dosage - excessive consumption may produce laxative effects. Suitable for vegetarians.

Supplement Facts

Serving size 1 spray (approx 0.0043 fl. oz [0.13ml]) Servings per container 100

% Daily Value Amount per serving

Vitamin D (as cholecalciferol) 75mca (3000 IU)

375%

Other ingredients: Water, xvlitol, acacia gum, sunflower lecithin, potassium sorbate (preservative), citric acid. flavoring (natural peopermint oil).

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for BetterYou Ltd Barnsley S74 9LH, UK,

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www.betteryou.com





Recycling instructions

CARTON

This carton is made of material from well-managed. FSC®-certified forests and other controlled sources. Please recycle it with other paper and card products.

BOTTLE & PUMP

The hottle is made from 70% Ocean Waste Plastic - recovered from the Indian Ocean, the Caribbean Sea and the Philippine Sea - and 30% Post-Consumer Recycling (PCR), Separate components and recycle.

CAP

Our bottle cap is made from Post-Consumer Recycling (PCR) - this means it has been manufactured from recycled household plastics and can be recycled with them again.





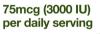


www.betterplanetproject.co.uk

BetterYou

D3000 Vitamin D **Daily Oral Spray**

Nutritional support in a sprav*



A convenient way to elevate vitamin D levels



0.51 fl. oz (15ml) Natural peppermint flavor **DIETARY SUPPLEMENT - 100 servings**



normal immune system*





Maintain normal hones and teeth*



The UK's original vitamin oral spray range





XXXXXXX **BBEXXXX**