

How to use

Initial use: press the pump 3 times to get the liquid flowing. Shake well before every use. Carefully spray into your mouth, taste and swallow. Replace cap after use.

Directions

Use 1 spray daily. Best Before End: see base of carton. Once opened, use within 6 months. Store at room temperature and out of direct sunlight.

WARNINGS Keep out of reach and sight of children. Do not exceed recommended dosage – excessive consumption may produce laxative effects. Suitable for vegetarians.

Supplement Facts

Serving size 1 spray (approx 0.0043 fl. oz [0.13ml])
Servings per container 100

	Amount per serving	% Daily Value
Vitamin D (as cholecalciferol)	75mcg (3000 IU)	375%

Other ingredients: Water, xylitol, acacia gum, sunflower lecithin, potassium sorbate (preservative), citric acid, flavoring (natural peppermint oil).

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Manufactured for BetterYou Ltd
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Recycling instructions

CARTON

This carton is made of material from well-managed, FSC®-certified forests and other controlled sources. Please recycle it with other paper and card products.

BOTTLE & PUMP

The bottle is made from 70% Ocean Waste Plastic – recovered from the Indian Ocean, the Caribbean Sea and the Philippine Sea – and 30% Post-Consumer Recycling (PCR). Separate components and recycle.

CAP

Our bottle cap is made from Post-Consumer Recycling (PCR) – this means it has been manufactured from recycled household plastics and can be recycled with them again.



www.betterplanetproject.co.uk

BetterYou®

D3000 Vitamin D Daily Oral Spray

Nutritional
support in
a spray*

75mcg (3000 IU)
per daily serving

A convenient
way to elevate
vitamin D levels

No
more
pills

100
daily
servings

0.51 fl. oz (15ml) Natural peppermint flavor
DIETARY SUPPLEMENT – 100 servings

Vitamin D helps:



Support a
normal
immune
system*



Aid normal
muscle function*



Maintain normal
bones and teeth*



Formulated in
Great Britain

The UK's
original vitamin
oral spray
range



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