

How to use

Initial use: press the pump 3 times to get the liquid flowing. Shake well before every use. Carefully spray into your mouth, taste and swallow. Replace cap after use.

Directions

Use 4 sprays daily.

Best Before End: see base of carton.

Once opened, use within 6 months.

Store at room temperature and out of direct sunlight.

WARNINGS

Keep out of reach and sight of children.

Do not exceed recommended dosage – excessive consumption may produce laxative effects.



Suitable for vegetarians and vegans



Supplement Facts

Serving size 4 sprays (approx 0.02 fl. oz [0.52ml]).

Servings per container 48.

	Amount per serving	% Daily Value
Vitamin B12 (as methylcobalamin)	1200mcg	50,000%
Chromium	38.40mcg	110%

Other ingredients: Water, xylitol, flavoring (natural apricot), citric acid, potassium sorbate (preservative), green tea extract.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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No
more
pills

No more pills™
formula

Recycling instructions

CARTON

This carton is made of material from well-managed, FSC®-certified forests and other controlled sources. Please recycle it with other paper and card products.

BOTTLE & PUMP

The bottle is made from 70% Ocean Waste Plastic – recovered from the Indian Ocean, the Caribbean Sea and the Philippine Sea – and 30% Post-Consumer Recycling (PCR). Separate components and recycle.

CAP

Our bottle cap is made from Post-Consumer Recycling (PCR) – this means it has been manufactured from recycled household plastics and can be recycled with them again.



www.betterplanetproject.co.uk

BetterYou®

B¹² Boost

Vitamin B12
Daily Oral Spray

Nutritional
support in
a spray*

1200mcg methylcobalamin
per daily serving

Vitamin B12 supports normal
psychological functions
and energy release*

A convenient way
to help maintain
vitamin B12
levels

Vitamin B12 contributes to:



A reduction
in tiredness
and fatigue*



Normal
energy
metabolism*



Normal, healthy
red blood cells*



Normal psychological
functions*



Formulated in
Great Britain

0.85 fl. oz (25ml)

Natural apricot flavor

DIETARY SUPPLEMENT – 48 servings

The UK's
original vitamin
oral spray
range



RECYCLABLE BOARD



US-PCB12-0003

XXXXXXX
BBEXXXX