

In addition to key ingredients, which target the common symptoms of menopause, **MenoSolve™** contains 70+ super foods, extracts and concentrates, certified organic fruits and vegetables, 2 Billion CFU's of probiotics, soluble fiber, natural flavonoids and digestive enzymes. Each scoop is equivalent to the antioxidant power of 15+ servings of fruits and vegetables.***

MenoSolve™ puts you in control *before, during and after Menopause.**

Key Ingredients:

Red Clover Flower – May reduce hot flashes, improve bone density, balance hormones, improve mood, sleep, and reduction of fatigue.*

Magnesium – May improve sleep, anxiety, fatigue, depression, night sweats and is well known for its cardiovascular benefits.*

Sensoril® – Clinically-proven Ashwaghandha, supports stress and sleep management, mental focus and hormonal homeostasis.*

Moringa Leaf – Nutrient packed, it's high in vitamin D and calcium for bone health. May improve metabolism, reduce anxiety, depression and support healthy thyroid function.*

DIRECTIONS FOR USE: At the start of each day, add one level scoop of product into 8-10 oz. of water (For superior taste, COLD water recommended). Shake in a closed container & enjoy.

The benefits of **MenoSolve™** increase with use over time, for best results, take daily.*

Recommended: Refrigerate after opening.

Allergy Warning: Contains bee product (Royal Jelly), avoid if allergic to bees or bee products

This product has been sealed for your protection. Do not use if seal on cap is broken.

This product is not intended for pregnant woman or children.

Keep out of the reach of young children. Do not exceed recommended daily dose.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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Cnidium Monnieri – Boosts libido, may reduce the frequency and intensity of hot flashes.*

Royal Jelly – May improve cholesterol levels, improve memory, enhance libido and boosts energy.*

Guggul Gum Resin – May help to balance hormones and improve mood. May help to relieve headaches, irritability, insomnia and hot flashes. Supports healthy lipid profiles and weight loss.*

Chromax® Chromium Picolinate – May help to promote weight control and weight loss. May help to promote cardiovascular health. May enhance insulin sensitivity.*



*** Based on Total Oral Fr
MADE IN THE USA

Greens **FIRST** *Female™*

MenoSolve™

Plus Probiotics

Natural, Hormone-Free Relief for Menopause*

Contains Superfoods, Probiotics and Digestive Enzymes

ORIGINAL MINT FLAVOR

Developed & Recommended by OB/GYNs

- Mood Swings*
- Night Sweats*
- Hot Flashes*
- Libido*
- Sleep*
- Weight Gain*

Dietary Supplement Net Weight 10.15 oz. (287.7g)



Distributed by: Greens First Female, LLC
1289 Clint Moore Road, Boca Raton, FL 33487
844-GFFEMALE (433-3625) • GreensFirstFemale.com

Supplement Facts			
Serving Size: 9.59g (approx. 1 Scoop)			
Servings Per Container: 30			
Amount Per Serving	%DV**		
Calories 40			
Total Fat	1.5 g	2%**	
Total Carbohydrate	6 g	2%**	
Dietary Fiber	2 g	7%**	
Sugars	2 g	†	
Protein	2 g		
Vitamin E	175 mg	1,167%	
(as D-Alpha Tocopheryl Succinate)			
Niacin (as Niacinamide)	20 mg	125%	
Calcium	35 mg	3%	
Iron	3.17 mg	18%	
Magnesium	50 mg	12%	
(as Magnesium Oxide)			
Chromium	120 mcg	343%	
(as Chromax® Chromium Picolinate)			
Sodium	30 mg	1%	
Organic Barley Grass Powder	1.5 g	†	
Organic Vegetable Blend	1.5 g	†	
Organic Carrot Root Powder, Organic Broccoli Head/Plant Powder, Organic Cauliflower Bulb Powder, Organic Spinach Leaf Powder, Organic Parsley Leaf Powder, Organic Collards Leaf Powder.			
Oat Bran Powder	1.5 g	†	
Sunflower Lecithin Powder	1 g	†	
Organic Chlorella Cracked Cell Wall Powder	500 mg	†	
Organic Spirulina Whole Plant Powder	500 mg	†	
Apple Fruit Powder	400 mg	†	
Oxi Sure Proprietary Blend	300 mg	†	
Green Tea Leaf Extract, Carrot Root Powder, Blueberry Fruit Powder, Dried Plum Fruit Powder, Grape Seed Extract, Cranberry Fruit Powder, Raspberry Fruit Powder, Sour Cherry (Tart Cherry) Fruit Powder, Masson Pine (Pine) Bark Extract, Broccoli Stem & Floret Powder, Tomato Fruit Powder, Spinach Leaf Powder, Collards (Kale) Leaf Powder, Brassica oleracea var gemmifera (Brussels) Sprout Powder.			
Amount Per Serving		%DV**	
Horseradish Tree (Moringa) Leaf Powder		220 mg	†
Rice Bran Powder		200 mg	†
Enzyme Blend		200 mg	†
Microcrystalline Cellulose, Bromelain, Papain, Protease, Amylase, Lipase, Cellulase, Lactase.			
Organic Sprouted Barley Malt Powder		200 mg	†
Stevia Leaf Extract		180 mg	†
Green Tea Leaf Extract		100 mg	†
Quercetin Dihydrate		100 mg	†
Red Clover Flower Powder		100 mg	†
Sensoril® Ashwagandha Root & Leaf Extract		75 mg	†
Milk Thistle Seed Extract		75 mg	†
Organic Beet Root Powder		50 mg	†
Organic Cassia (Cinnamon) Bark Powder		50 mg	†
Organic Aloe Vera Leaf Powder		50 mg	†
Cnidium Herb Powder		50 mg	†
Japanese Knotweed Root Extract		40 mg	†
Organic Acerola Fruit Powder		25 mg	†
Vitis labrusca (Concord Grape) Fruit Powder		25 mg	†
Turmeric Root Extract		20 mg	†
Guggul Oleo-Gum-Resin Powder		20 mg	†
Organic Kelp Powder		15 mg	†
Royal Jelly Powder		12.5 mg	†
Probiotic Blend Complex		12 mg (2 Billion CFU)	†
Lactobacillus acidophilus, Bifidobacterium breve, Lactobacillus casei, Lactobacillus rhamnosus, Bifidobacterium longum, Bifidobacterium bifidum, Bifidobacterium infantis, Lactobacillus reuteri.			
Cayenne Fruit Powder		10 mg	†
Licorice Root Extract		5 mg	†
** Percent Daily Values (%DV) are based on a 2,000 calorie diet			
† Daily Value not established.			
Other Ingredients: Natural Flavors: Orange Fruit Powder, Natural Spearmint Flavor.			

Sensoril® is a registered trademark of Natreon.
Chromax® is a registered trademark of Nutrition 21.
†at the time of manufacture