

- Encourages Overall Health*
- Supports Joint Mobility*

Go beyond glucosamine and chondroitin for comprehensive joint health support with *Joint Health First*.

We start with the three classic joint support ingredients — glucosamine, chondroitin, and MSM — then up the ante with Devil's Claw, Yucca, Ginger & Curcuminoids from Turmeric to soothe and nourish stressed joint tissues.*

KEEP OUT OF THE REACH OF CHILDREN

PROTECT FROM HEAT, LIGHT, AND MOISTURE

DO NOT PURCHASE IF SAFETY SEAL IS BROKEN OR MISSING.

STORE AT 15-30 °C (59-86 °F)

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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GLUTEN FREE
NON-GMO

Joint Health FIRST

with Glucosamine, Chondroitin, Turmeric & MSM

Helps Support Cartilage, Mobility & Flexibility*

Promotes Bone / Joint Health & Comfort*

Suggested Use: As a dietary supplement, take 4 capsules daily with or without food.

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 30

	Amount Per Serving	%DV
D-Glucosamine Sulfate	1,500 mg	†
Chondroitin Sulfate (Bovine Cartilage)	200 mg	†
Devil's Claw Extract (5% Harpagosides) (<i>Harpagophytum procumbens</i>)(root)	200 mg	†
Ashwagandha Extract (<i>Withania somnifera</i>)(root)	200 mg	†
Turmeric Extract (95% Curcuminoids) (<i>Curcuma longa</i>)(root)	150 mg	†
Boswellia Extract (<i>Boswellia serrata</i>)(gum resin)	100 mg	†
Methylsulfonylmethane (MSM)	50 mg	†
Ginger Root Extract (standardized to 5% Gingerols)(<i>Zingiber officinale</i> Roscoe)	25 mg	†
Yucca Extract (<i>Yucca schidigera</i>)(root)	25 mg	†
† Daily Value not established.		

Other Ingredients: Vegetable Cellulose (capsule), Rice Powder, Magnesium Stearate, Silicon Dioxide.

WARNING: Use only as directed. Consult a health care professional before use if you are allergic to any ingredients, have a serious medical condition, or use prescription medications.