

Antioxidant Power of 15+ Servings of Fruits and Vegetables in Every Scoop!

GREENS FIRST® HELPS TO SUPPORT pH ALKALINE BALANCE*

Greens First® is a nutrient-rich, antioxidant super food that may help to alkalize, balance and nourish your whole body...plus, it gives you something unexpected...**GREAT TASTE!**

HEALTHY NEVER TASTED SO GOOD!

What makes Greens First® The Number One Choice in Super Food Drink Mixes? Greens First® is guaranteed great tasting and refreshing mixed with plain water. No need to add fruit juices that are loaded with extra calories and carbohydrates! Greens First® is fortified with proprietary OxiSure™ Blend, so each serving has the phytonutrient and antioxidant power of 15+ servings of fruits and vegetables!

Greens First® is fortified with Beta-Glucan, a USDA patented oat fiber! Greens First® contains 49 different super foods, extracts and concentrates, including supergreens, vegetables, fruits, probiotics, soluble fiber, herbs, spices, natural flavonoids, enzymes and lecithin. Greens First® contains Certified Organic fruits, vegetables and barley grass which are first juiced, then naturally spray dried without solvents at low temperature, leaving all the important nutrients intact. **Greens First® CONTAINS NO** yeast, corn, wheat, soy protein, dairy, egg, MSG, preservatives, artificial color or artificial flavor.

DIRECTIONS FOR USE: Put 6-8 oz. of cold water into a shaker cup. Add one level scoop of product. Shake in a closed container & enjoy. It's perfect first thing in the morning within 30 minutes upon arising or anytime!

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Contents sold by weight not volume. Some settling will occur.
This product has been sealed for your protection.
Do not use if seal on cap is broken.

Greens FIRST
GreensFirst.com

Your Entire
Body Will
Love It.
Taste Buds
Included!

Greens FIRST®

ALKALIZE NOW—pH Balance Program*



TASTES GREAT!



CONTAINS:

- Certified Organic Fruits & Vegetables
- 49 Different Super Foods
- Antioxidants, Probiotics & Enzymes

NO:

Wheat • Dairy • MSG • Preservatives

Dietary Supplement

Net Weight 9.86 oz. (279.6 grams) Powder

Supplement Facts

Serving Size: 9.32g (approx. 1 Scoop)
Servings Per Container: 30

Amount Per Serving	%DV*	Amount Per Serving	%DV*
Calories	40	Cherry Fruit Powder, Broccoli Stem & Florets Powder, Tomato Fruit Powder, Spinach Leaf Powder, Collards Leaf Powder, Masson Pine Bark Extract, <i>Brassica oleracea var gemmifera</i> (Brussel Sprouts) Head Powder, Cranberry Fruit Powder, Raspberry Fruit Powder, Blueberry Fruit Powder.	
Total Fat	1 g 1%*	Enzyme Blend	200 mg †
Total Carbohydrate	6 g 2%*	Inulin, Bromelain, Papain, Protease, Amylase, Lipase, Cellulase, Lactase.	
Dietary Fiber	1 g 4%*	Probiotic Blend	200 mg †
Total Sugars	1 g †	Inulin, <i>Lactobacillus acidophilus</i> , <i>Bifidobacterium longum</i> , <i>Lactobacillus casei</i> , <i>Lactobacillus rhamnosus</i> .	
Protein	1 g	Organic Barley Malt Seed Powder	200 mg †
Iron	0.96 mg 5%	Proprietary Blend	100 mg †
Sodium	15 mg 1%	Japanese Knotweed Root Extract, Organic Acerola Fruit Powder, <i>Vitis labrusca</i> (Concord Grape) Fruit Powder.	
Potassium	94 mg 2%	Green Tea Leaf Extract	100 mg †
Organic Greens Blend	2.5 g †	Quercetin Dihydrate	100 mg †
Organic Barley Grass Powder, Chlorrella Powder, Organic Spirulina Plant Powder.		Milk Thistle Seed Extract	75 mg †
Proprietary Fiber Blend	1.95 g †	Organic Beet Root Powder	50 mg †
Nutrim® (as Organic Oat Bran Powder), Apple Fruit Powder, Rice Bran Powder.		Organic Cassia Bark Powder	50 mg †
Soy Lecithin Powder	1.8 g †	Organic Aloe Leaf Powder	50 mg †
Organic Vegetable Blend	1.5 g †	Turmeric Root Extract	20 mg †
Organic Carrot Root Powder, Organic Cauliflower Bulb/Head Powder, Organic Broccoli Head and Plant Powder, Organic Spinach Leaf Powder, Organic Parsley Leaf Powder, Organic Collards (Kale) Leaf Powder.		Organic Kelp Powder	15 mg †
Oxi Sure Fruit & Vegetable Blend	298.32 mg †	Licorice Root Extract	5 mg †
Carrot Root Powder, Green Tea Leaf extract, Plum Fruit Powder, Grape Seed Extract, Sour			

* Percent Daily Values (%DV) are based on a 2,000 calorie diet
† Daily Value not established.

Other Ingredients: Natural Spearmint Flavor, Natural Orange Flavor, Citric Acid, Rebudioside A (From Stevia Leaf Extract).

Nutrim® is a registered trademark of Futureceuticals.

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