# Hormone-Free Whey Protein\*

Dream Protein\* is superior because the potein is not denatured (damaged) from high-heat processing. Most of the methods used to process whey cause the proteins to be so denatured that the finished product yields only a fraction of the biologically active proteins. Dream Protein\* contains all the essential and non-essential amino adds, plus a full spectrum of all the naturally-occurring bioactive compounds such as immunoglobulin (IgG), lactoferrin

- Immunoglobulins are antibodies that function as essential components of your immune response.
- Lactoferrin is associated with a wide range of health benefits including, immune support and anti-inflammatory action.<sup>‡</sup>
- Glycomacropeptides have recently been shown in studies to help with weight management and reduction of leptin and adipose tissue.<sup>‡</sup>

'From Cows Not Given rBGH or BST Hormones

These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

# What Makes Dream Protein™ Different?

- · Hormone-Free\*
- No rBGH or BST hormones
- Naturally sweetened with stevia
- 20 grams of high biological protein per serving
- Ultra-Low Temperature processing preserves heat-sensitive nutrients
- Supplies essential and non-essential amino acids
- Naturally-occurring immunoglobulins
- Rich in fructooligosaccharides prebiotic

**20**q

**PROTEIN** 

PER SERVING

SUGAR

PER SERVING

STEVIA

SWEETENED

Dream Protein" also contains
Fructooligosaccharides (FOS), a
prebiotic shown to encourage grow
of favorable probiotic bacteria, whic
may help to strengthen the immune
system, assist in the digestion of for
and help promote howel regularity.

Product sold by weight, not by volume. Some settling may occur.

**Notice:** This product is to be used as a food supplement only. Do not use alone for weight reduction.

Greens FIRST

**Mixes Instantly Without a Blender!** 

# **Dream Protein**

Hormone-Free Whey Protein with FOS, a Prebiotic\*



Dietary Supplement Net Weight 26.5 oz. (750 g)

# **Supplement Facts**

Serving Size: 25 g (Approx. 1 Scoop) Servings Per Container: 30

Amount Per Serving		%DV
Calories	90	
Cholesterol	15 mg	59
Total Carbohydrates	3 g	19
Dietary Fiber	1 g	49
Total Sugars	<1 g	
Protein	20 g	
Calcium	120 mg	9
Sodium	40 mg	2
Potassium	135 mg	3

\*\* Percent Daily Values (%DV) are based on a 2,000 calorie diet † Daily Value not established.

Other Ingredients: Whey Protein Isolate, Whey Protein Concentrate, FOS

Powder, Natural Flavor, Rebaudioside A (From Stevia Leaf Extract). Valine^~ 1.52

^ Essential Amino Acids
~ Branched-Chain Amino Acids (BCAA)

Typical Amino Acid Profile

Amino Acids

Arginine

Cystine

Glycine

Histidine

Isoleucine^~

Leucine^~

Methionine<sup>a</sup>

Phenylalanine<sup>a</sup>

Lysine

Proline

Serine

Threonine<sup>^</sup>

Tryptophan\*

Tyrosine<sup>^</sup>

Aspartic Acid

Glutamic Acid

Amount Per

Serving (g)

0.55

2.86

0.55

4.55

0.42

0.44

1.70

2.71

2.54

0.56

0.78

1.53

1 22

1.83

0.50

# MIXING INSTRUCTIONS:

Add 1 scoop to 6-8 oz of water, milk, or your favorite beverage.

### FOR HEALTHY LIVING SHAKE:

Add 1 scoop each of Dream Protein and your favorite Greens First flavor to 10-12 oz of cold water. Shake and enjoy!

# THE HEALTHY LIVING KIT:

There are 3 components to the Healthy Living Kit: Dream Protein, Greens First and Omega-3 First or Ahiflower Vegan Omega 3 Oil. These three products may be taken together daily as a great nutritional boost to start your day, a recovery drink after a workout, or as part of a weight management program.

Distributed by: Ceautamed Worldwide, LLC 990 S. Rogers Circle, Suite 3 Boca Raton, FL 33487 866-409-6262 • GreensFirst.com

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