

Rice Fiber First™ Stabilized Rice Bran Caplets contain a proprietary, bio-medical food blend of a highly nutritious insoluble dietary fiber (pre-digested stabilized rice bran derivative) and soluble fiber (apple pectin). The proper combination of these fibers taken daily helps to support:

- Healthy Weight Management
- Normal Cholesterol Levels
- Bowel Regularity
- Normal Glucose Levels
- Gastro-Intestinal & Bowel Health
- Normal Lipid Levels*

Because **Rice Fiber First™** Stabilized Rice Bran Caplets contain pre-digested, water soluble fractions of stabilized rice bran, this fiber does not cause bloating or gas by producing methane or carbon dioxide in the gastrointestinal track. **Rice Fiber First™** Stabilized Rice Bran Caplets contain a superior quality nutritional fiber containing over 100 antioxidants; Gamma Oryzanol; Polyphenols; Alpha Lipoic Acid, Ferulic Acid; CoQ10; Inositol Hexaphosphate (IP6); Beta Sitosterol and other Phytosterols; Vitamin E including tocopherols and tocotrienols; minerals and trace minerals.

Eating Right Just Got Easier—Try The Greens First Wellness Shake!

The **Greens First Wellness Shake** is made by mixing **Greens First®** (Original or Berry) together with either flavor of **Greens First Boost®** (Chocolate or Vanilla). It's the perfect nutritious and delicious "instant breakfast" or an anytime "energy booster" and part of the **Alkalize Now Program**.



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Antioxidant Rich, Nutritional Fiber

Rice Fiber FIRST™



Helps Support:

- **Gastro-Intestinal & Bowel Health**
- **Normal Glucose Levels**
- **Normal Cholesterol & Lipid Levels**

Stabilized Rice Bran Caplets

*A Dietary Supplement For
Regularity, Cleansing & Healthy Weight Management*

180 Caplets/ 885 mg Fiber Per Caplet

Supplement Facts

Serving Size: 3 Caplets (1.6 g/Caplet)

Servings Per Container: 60

	Amount Per Serving	% Daily Value
R.F. Proprietary Blend	4800 mg	†
RiceFiberRx™	3696 mg	†
Apple Pectin	418 mg	†
Methyl Cellulose	686 mg	†
† Percentage Daily Value Not Established.		

Directions For Use: Take three caplets twice a day with 8 ounces (or more) of water, or as directed by your healthcare professional.

Ingredients: Stabilized Rice Bran Derivative

Other Ingredients: Calcium Carbonate, Stearic Acid and Magnesium Stearate.



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