



Refrigerate after opening
for maximum freshness

GLUTEN FREE

NON-GMO

MADE IN USA BY:

Pure Indian Foods

P.O. BOX 296

Princeton Jct., NJ 08550 USA

pureindianfoods.com

1-877-LUV-GHEE

Certified Organic by NJDA

Keep out of reach of children.



HAND
MADE



SINCE
1889



SHATAVARI GHEE

ORGANIC · GRASSFED · AYURVEDIC

Supports Women's Health*

5.3 OZ (150G) DIETARY SUPPLEMENT



8 50013 61954 2

SUGGESTED USE: As an herbal dietary supplement, for adults, take 1 teaspoon with warm water, up to 2 times per day, or as directed. Please consult your healthcare practitioner if you are pregnant, nursing, taking any medication or have a medical condition, or if you experience an allergic reaction.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 tsp (5g)

Serving per Container: about 30

Amount per Serving

Calories 45

% Daily Value*

Total Fat 5 g 8%

Saturated Fat 3 g 15%

Cholesterol 8 mg 3%

Organic Shatavari (*Asparagus racemosus*) extract (1:4) in grassfed organic cultured ghee 5 g **

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

** Daily value not established

Other ingredient: Water. Contains: Milk