Manufactured by: Douglas Laboratories 600 Boyce Road Pittsburgh, PA 15205 USA www.douglaslabs.com 1,800,245,4440

This product contains NO yeast, gluten, soy protein, milk/dairy, corn, starch, artificial coloring, preservatives or flavoring.

Warning: This product contains Vitamin K, which intereferes with prescription blood-thinning drugs Coumadin and Warfarin. Do not take this product before consulting with your healthcare provider.

Suggested Usage: As a dietary supplement, adults take 6 tablets daily with food or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN. For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #201384

Basic Preventive 2 (Iron and Copper Free)

A Dietary Supplement



180 Tablets

Supplement Facts

Serving Size 6 Tablets • Servings Per Container 30

Amount Per Serving	%DV	
Vitamin A	500%	
natural beta carotene)		
Vitamin C	2.000%	
	calcium ascorbate and magnesium/potassium	
aspartate-ascorbate/ascorbic acid complex)		
Vitamin D3 100 IÚ	25%	
Vitamin E (as d-alpha	1,333%	
Vitamin K1 (as phytonadione) 60 mcg	75%	
Thiamine (as thiamine mononitrate)100 mg	6,667%	
Riboflavin 50 mg	2,941%	
Niacin200 mg (as niacinamide and niacin)	1,000%	
Vitamin B650 mg (as pyridoxine hydrochloride)	2,500%	
Folic acid 800 mcg	200%	
Vitamin B12 (as cyanocobalamin 100 mcg on ion exchange resin)	1,667%	
Biotin 300 mcg	100%	
Pantothenic acid	4,000%	
Calcium (as calcium citrate 500 mg	50%	
lodine (from kelp)150 mcg	100%	
Magnesium	125%	
(as magnesium aspartate-ascorbate/magnes	ium	
amino acid chelate/magnesium oxide comple	x)	

Amount Per Serving	%DV
Zinc	133%
Selenium	286%
Manganese	1,000%
Chromium 200 mcg (as chromium polynicotinate)	167%
Molybdenum	200%
Potassium	3%
Choline (as choline bitartrate)150 mg	:
Inositol 50 mg Vanadium (as vanadyl sulfate) 39 mcg	*
Boron (as boron aspartate-citrate) 2 mg	*
para-Aminobenzoic acid 50 mg	
Citrus bioflavonoids complex100 mg	
Raw glandular tissue blend180 mg Thymus 51 mg*, Spleen 51 mg*, Liver 51 mg*, and Adrenal 26 mg*	

Other ingredients: Cellulose, croscarmellose sodium, vegetable stearate, silica, water, titanium dioxide, dextrose, magnesium silicate, calcium carbonate, glycerin and beet root.