

100%
PURE



SINCE
1889

ORGANIC AMLA POWDER



Emblica officinalis

Supports immunity and improves
the appearance of hair and skin.*

DIETARY SUPPLEMENT NET WT 8 OZ (227G)



Supplement Facts

Serving Size: ½ tsp

Amount Per Serving

Organic Amla Fruit (*Emblica officinalis*).....½ tsp**

**Daily Value Not Established

SUGGESTED USE: Take ½ tsp mixed with warm water,
or as directed. Fully water-soluble.

INGREDIENT: Organic Amla Powder.

Amla (i.e. Amalaki, the Indian Gooseberry) is a sour, astringent- tasting
native Indian fruit, traditionally used in Ayurveda for its cooling effects
that manage fiery pitta energy. Pair with fresh, cold juices or make tea.

Extremely low heat is used during processing to ensure that the
delicate nutrients are preserved. Color may vary and does not affect
quality. Amla darkens as it ages, and some people even prefer the taste
of aged, darker Amla. The freshest Amla tastes stronger, but mellows
over time.

This product has been lab tested for heavy metals, and it complies with
U.S. federal and state laws. Keep out of reach of children. Before taking
any herbal supplement, please consult with your physician if you are
pregnant, lactating, or have a medical condition.

* These statements have not been evaluated by the Food and Drug
Administration. This product is not intended to diagnose, treat, cure,
or prevent any disease.

Pure Indian Foods
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