



**clean  
label**  
PROJECT  
**CERTIFIED**



**Suggested Use:** Take 2 capsules, twice daily, or as directed by a physician. Best taken on an empty stomach.

**Caution:** Use only as directed. Consult your healthcare provider before use if you are contemplating pregnancy, pregnant, nursing, have any medical condition, or use any medications. For adult use only. Keep this product out of reach of children. Do not use if tamper evident seal is broken or missing. Store in a cool, dry place.

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**Wholesome  
Story®**

# IP-6 & Inositol

Dietary Supplement  
240 Vegetarian Capsules

## Supplement Facts

Serving Size: 2 Capsules  
Servings Per Container: 120

Amount Per Serving		%DV
Calcium (from Calcium Magnesium Phytate)	130mg	10%
Phosphorous (from Calcium Magnesium Phytate)	190mg	15%
Magnesium (from Calcium Magnesium Phytate)	40mg	10%
IP-6 (Inositol Hexaphosphate; from Calcium Magnesium Phytate)	800mg	**
Inositol	220mg	**

\*\*Daily Value (DV) not established.

Other Ingredients: Methylcellulose (Capsule), Rice Flour.

**Manufactured for: Wholesome Story**  
PO Box 15344, Seattle, WA 98115

Questions? Email us at [hello@wholesomestory.com](mailto:hello@wholesomestory.com)  
[www.wholesomestory.com](http://www.wholesomestory.com)