

Suggested Use: Take 4 capsules (1 serving) daily, preferably with a meal, or as directed by a physician. For those with a sensitive constitution, take 1/2 of a serving (2 capsules) at once, twice per day.

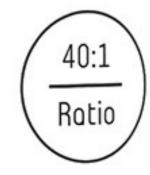
Caution: Use only as directed. Consult your healthcare provider before use if you are contemplating pregnancy, pregnant, nursing, have any medical condition, or use any medications. For adult use only. Keep this product out of reach of children. Do not use if tamper evident seal is broken or missing. Store in a cool, dry place.



Myo & D-Chiro Inositol

with MTHF Folate + Vitamin D3

Dietary Supplement 120 Vegetarian Capsules



Supplement Facts

Serving Size: 4 Capsules Servings Per Container: 30

Amount Per Serving		%DV
Vitamin D3	25mcg	125%
(as Cholecalciferol)		
Folate	500mcg DFE	125%
(as L-5-Methyltetrahydrofol	ate)	
Myo-Inositol	2,000mg	**
D-Chiro Inositol	50mg	**
**Daily Value (DV) not establi	shed.	

Other Ingredients: Methylcellulose (Capsule), Rice Flour.

Manufactured for: Wholesome Story

PO Box 15344, Seattle, WA 98115

Questions? Email us at hello@wholesomestory.com www.wholesomestory.com