

- › 3rd party lab verified for quality
- › Hot water extracted for improved bioavailability
- › Guaranteed potency:  
25% beta-glucans per capsule†



**Our Guarantee:** This product is verified for active compounds. There are no added starch, grains or mycelium.

**Suggested Use:** Adults take 1 capsule per day.

**Storage:** Store in a cool dry place with the lid securely closed.

**Warning:** Keep out of reach of children. Consult a physician if you are pregnant or nursing; have or had a medical condition; or are taking prescription drugs.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NPN#80111326



# Real Mushrooms®

## ERGO+

### L-ERGOTHIONEINE

MUSHROOM EXTRACT POWDER  
DIETARY SUPPLEMENT



VERIFIED FOR  
ACTIVE COMPOUNDS

## 60 CAPSULES

## Supplement Facts

Serving Size 1 capsule

|                                                               | Amount per serving | %DV |
|---------------------------------------------------------------|--------------------|-----|
| L-Ergothioneine                                               | 5 mg               | *   |
| Organic Oyster Mushroom Extract<br><i>Pleurotus ostreatus</i> | 250 mg             | *   |
| Beta-(1,3)(1,6)-glucans                                       | 62.5 mg            |     |
| Organic Shiitake Mushroom Extract<br><i>Lentinula edodes</i>  | 250 mg             | *   |
| Beta-(1,3)(1,6)-glucans                                       | 75 mg              |     |

\* Daily Value (DV) not established.

**Other ingredients:** Hypromellose (vegetable capsule), silicon dioxide, stearic acid, microcrystalline cellulose.

**Distributed by: Real Mushrooms Inc.**

908 17 Ave SW, Suite 303, Calgary, AB T2T 0A3, Canada  
**realmushrooms.com | 1-800-263-4387**