

## OUR QUALITY COMMITMENT TO YOU

- 3rd party lab verified for quality
- Contains hot water and dual extracts for improved bioavailability
- Guaranteed potency: 20% beta-glucans per capsule†

**Our Guarantee:** This product is verified for active compounds. There are no added starch, grains or mycelium.

**Suggested Use:** Adults take 2 capsules per day.

**Storage:** Store in a cool dry place with the lid securely closed.

**Warning:** Keep out of reach of children. Consult a physician if you are pregnant or nursing; have or had a medical condition; or are taking prescription drugs.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**WARNING:** Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or reproductive harm. For more information, go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).

Learn more at [realmushrooms.com/prop-65](http://realmushrooms.com/prop-65)



NPN#80090823



# Real Mushrooms®

## 5 DEFENDERS®

### IMMUNE STRENGTH†

MUSHROOM EXTRACT POWDER  
DIETARY SUPPLEMENT



QUALITY  
GROWN

VERIFIED FOR  
ACTIVE COMPOUNDS

## 200 CAPSULES

## Supplement Facts

Serving Size 2 capsules

|                                                         | Amount per serving | %DV |
|---------------------------------------------------------|--------------------|-----|
| Organic 5 Defenders Extract                             | 1000 mg            | *   |
| Beta-(1,3)(1,6)-glucans                                 | 200 mg             |     |
| Turkey Tail mushroom extract <i>Trametes versicolor</i> |                    |     |
| Reishi mushroom extract <i>Ganoderma lingzhi</i>        |                    |     |
| Maitake mushroom extract <i>Grifola frondosa</i>        |                    |     |
| Shiitake mushroom extract <i>Lentinula edodes</i>       |                    |     |
| Chaga extract <i>Inonotus obliquus</i>                  |                    |     |

\* Daily Value (DV) not established.

**Other ingredients:** Hypromellose (vegetable capsule), silicon dioxide, microcrystalline cellulose, may contain stearic acid.

**Distributed by: Real Mushrooms Inc.**

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