

DIRECTIONS FOR USE: Two tablets at bedtime or as directed by your physician, pharmacist, or health professional.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

Regular exercise and a healthy diet with enough calcium helps maintain good bone health and may reduce the risk of osteoporosis later in life. Adequate calcium intake is important, but daily intakes above about 2,000 mg are not likely to provide any additional benefit.

STORE AT ROOM TEMPERATURE.
Do not use if inner seal is broken.

To report a serious adverse event or obtain product information, call (210) 696-8400.



MISSION PHARMACAL COMPANY
San Antonio, TX 78230 1355

L003160
C13 Rev 009110

FOSFREE®

Dietary Supplement

**FIGHT
OSTEOPOROSIS**

**With CALCIUM,
VITAMINS, AND IRON**

**Maintain
Good Bone Health**

60 TABLETS

Supplement Facts		
Serving Size: 2 Tablets		
	Amount Per Serving	% Daily Value
Vitamin A	3000 IU	60%
Vitamin C	100 mg	167%
Vitamin D ₃	300 IU	75%
Thiamin	9 mg	600%
Riboflavin	4 mg	235%
Niacin	21 mg	105%
Vitamin B ₆	5 mg	250%
Pantothenic Acid	2 mg	20%
Calcium	351 mg	35%
Iron	29 mg	161%

Ingredients: Calcium carbonate, calcium gluconate, calcium lactate, ferrous gluconate, ascorbic acid, hypromellose, polyethylene glycol, color added, niacinamide, croscarmellose sodium, thiamine mononitrate, FD & C yellow 5 lake, magnesium silicate, pyridoxine hydrochloride, magnesium stearate, riboflavin, vitamin A acetate, d-calcium pantothenate, cholecalciferol.

