



**1ST PHORM**

**PROJECT-1**

ULTIMATE FULL-SPECTRUM  
PERFORMANCE PRE-WORKOUT\*

**CANDY BURST**

NATURAL & ARTIFICIAL FLAVORS



NET WT. 1.18 lbs (536g)  
DIETARY SUPPLEMENT

# Supplement Facts

Serving Size: 1 Scoop (26.8g)

Servings per Container: About 20

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Amount per Serving | % Daily Value |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|---------------|
| Sodium (as Pink Himalayan Sea Salt)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | 205 mg             | 9%            |
| L-Citrulline Malate 2:1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | 6 g                | †             |
| Creatine Monohydrate                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 5 g                | †             |
| Beta Alanine                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 3.2 g              | †             |
| Betaine Anhydrous                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 2.5 g              | †             |
| Hydroprime® (Std. 65% Glycerol)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 2 g                | †             |
| N-Acetyl-L-Tyrosine                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | 1 g                | †             |
| Caffeine Anhydrous                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 300 mg             | †             |
| Alpha GPC 50% (L-alpha-glycerylphosphorylcholine)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 300 mg             | †             |
| L-Theanine                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | 200 mg             | †             |
| Phyt02™ (Acerola ( <i>Malpighia glabra</i> ) (fruit) Juice Concentrate, Grape ( <i>Vitis vinifera</i> ) (seed) Extract, Strawberry ( <i>Fragaria x ananassa</i> ) (fruit), Green Coffee ( <i>Coffea arabica</i> ) (bean) Extract, Green Tea ( <i>Camellia sinensis</i> ) (leaf) Extract, Maqui ( <i>Aristotelia chilensis</i> ) (fruit), Acai ( <i>Euterpe oleracea</i> ) (fruit), Turmeric ( <i>Curcuma longa</i> ) (rhizome) Extract, Silica, Kale ( <i>Brassica oleracea acephala</i> ) (leaf), Tart Cherry ( <i>Prunus cerasus</i> ) (fruit), Broccoli ( <i>Brassica oleracea italica</i> ) Whole Plant, Blueberry ( <i>Vaccinium corymbosum</i> ) (berry) Extract, Citric Acid) | 190 mg             | †             |
| S7® (Green Coffee Bean ( <i>Coffea arabica</i> )(bean) Extract, Green Tea ( <i>Camellia sinensis</i> )(leaf) Extract, Turmeric ( <i>Curcuma longa</i> )(rhizome) Extract, Tart Cherry ( <i>Prunus cerasus</i> )(Whole Cherry), Blueberry ( <i>Vaccinium corymbosum</i> ) (berry) Extract, Broccoli ( <i>Brassica oleracea italica</i> )(whole plant), Kale ( <i>Brassica oleracea acephala</i> )(leaf)                                                                                                                                                                                                                                                                               | 100 mg             | †             |
| Theobromine                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 50 mg              | †             |
| Methylxanthine (as Dynamine™)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 50 mg              | †             |
| Theacrine (as TeaCrine®)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | 25 mg              | †             |
| Bioperine® (Black Pepper Fruit Extract Std. 95% Piperine)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | 2 mg               | †             |
| Huperzine A                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 100 mcg            | †             |

† Daily Value not established

**Other Ingredients:** Silicon Dioxide, Citric Acid, Natural and Artificial Flavor, Sucralose, Acesulfame Potassium.

Processed & produced on equipment that processes Milk, Egg, Soy, & Wheat.