

emma

Promotes Regularity[†]
Bloating & Gas Relief[†]
Supports Flatter Tummy[†]

give your gut
a vacation!

DIETARY SUPPLEMENT

60 CAPSULES

SUPPLEMENT FACTS

Serving Size: 2 Capsules

Serving Per Container: 30

	Amount Per Serving	% DV
Vitamin D (as cholecalciferol)	20 mcg	100%
Thiamin (as thiamin HCl)	20 mg	1,667%
Riboflavin	20 mg	1,538%
Niacin (as niacinamide)	20 mg	125%
Vitamin B6 (as pyridoxine HCl)	15 mg	882%
Folate	400 mcg DFE (240 mcg folic acid)	100%
Vitamin B12 (as cyanocobalamin)	100 mcg	4,167%
Biotin	500 mcg	1,667%
Pantothenic acid (as D-calcium pantothenate)	20 mg	400%
Magnesium (as magnesium oxide)	90 mg	21%
Zinc (as zinc oxide)	15 mg	136%
Berberine HCl (from <i>Berberis aristata</i> bark and root extract)	200 mg	*
Resveratrol (from <i>Polygonum cuspidatum</i> root extract)	125 mg	*
Quercetin (as quercetin dihydrate)	125 mg	*
Star anise seed	100 mg	*
Garlic bulb (1% allicin)	100 mg	*
Deglycyrrhizinated licorice root extract (DGL)	50 mg	*
Chicory root inulin	50 mg	*
Larch arabinogalactan (heartwood)	50 mg	*

*Daily value (DV) not established.

Other ingredients: Hypromellose, rice flour, magnesium stearate, and silica.