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NCSF60
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DIRECTIONS:

As a dietary supplement, take 2 capsules once per day. Can be taken with food or on an empty stomach or as recommended by your healthcare professional.

Caution: If you have a medical condition, are taking medications, or are pregnant or breastfeeding, consult a healthcare professional before using this product. Keep out of reach of children.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

HOST DEFENSE[®] *Mushrooms*[™] made with organic mushroom mycelium & herbs MYCOBOTANICALS[™] STRESS DECOMPRESS[®]

LION'S MANE • REISHI • SKULLCAP
LEMON BALM • ASHWAGANDHA



GLUTEN FREE & VEGAN

60 CAPSULES

DIETARY SUPPLEMENT



PROMOTES NATURAL
CALM & TRANQUILITY[™]

Supplement Facts

Serving Size: 2 capsules

Servings Per Container: 30

Amount Per Serving	% Daily Value
Reishi (<i>Ganoderma lucidum</i> s.l.) mycelium [†] /fermented brown rice biomass [†]	300mg †
Lion's Mane (<i>Hericium erinaceus</i>) mycelium [†] /fermented brown rice biomass [†]	300mg †
Skullcap (<i>Scutellaria lateriflora</i>) aerial parts [†]	200mg †
Lemon Balm (<i>Melissa officinalis</i>) leaf extract [†]	100mg †
Ashwagandha (<i>Withania somnifera</i>) root extract [†]	100mg †

† Daily Value not established

Other Ingredients: Pullulan (capsule), maltodextrin[†]

† Certified Organic

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