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DIRECTIONS:

As a dietary supplement, take 2 capsules once per day. Can be taken with food or on an empty stomach or as recommended by your healthcare professional.

Caution: If you have a medical condition, are taking medications, or are pregnant or breastfeeding, consult a healthcare professional before using this product. Keep out of reach of children.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

HOST DEFENSE[®] *Mushrooms*[™] made with organic mushroom mycelium & herbs MYCOBOTANICALS[®] **BRAIN**^{*} LION'S MANE • REISHI • CORDYCEPS BACOPA • GINKGO



GLUTEN FREE & VEGAN

60 CAPSULES

DIETARY SUPPLEMENT

**SUPPORTS
MENTAL CLARITY***



Supplement Facts

Serving Size: 2 capsules

Servings Per Container: 30

Amount Per Serving		% DV
Total Carbohydrate	<1g	<1% [‡]
Sodium	10mg	<1%
Bacopa (<i>Bacopa monnieri</i>) whole plant extract [‡]	380mg	†
Lion's Mane (<i>Hericium erinaceus</i>) mycelium [‡] /fermented brown rice biomass [‡]	300mg	†
Reishi (<i>Ganoderma lucidum</i> s.l.) mycelium [‡] /fermented brown rice biomass [‡]	150mg	†
Ginkgo (<i>Ginkgo biloba</i>) leaf extract [‡]	120mg	†
Cordyceps (<i>Cordyceps militaris</i>) mycelium [‡] /fermented brown rice biomass [‡]	50mg	†

‡ Percent Daily Values (DV) are based on a 2,000 calorie diet

† Daily Value (DV) not established

Other Ingredients: Pullulan (capsule), maltodextrin[‡]

‡ Certified Organic

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