

Reishi has been studied extensively for its impact on whole-body wellness and overall vitality. Reishi supports a calm, relaxed body and mind, and a healthy response to everyday stress factors.*

DIRECTIONS: As a dietary supplement, take 2 capsules once per day. Can be taken with food or on an empty stomach or as recommended by your healthcare professional.

Caution: If you have a medical condition, are taking medications, or are pregnant or breastfeeding, consult a healthcare professional before using this product. Keep out of reach of children.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



NCGL60
REV E2

HOST DEFENSE[®] Mushrooms[™]

made with organic mushroom mycelium

REISHI



DIETARY SUPPLEMENT

LONGEVITY SUPPORT[®]

Supplement Facts

Serving Size: 2 capsules

Servings Per Container: 30

Amount Per Serving	% Daily Value
Calories	5
Total Carbohydrate	<1g <1% [‡]
Reishi (<i>Ganoderma lucidum</i> s.l.) mycelium [‡] /fermented brown rice biomass [‡]	1g †

‡ Percent Daily Values are based on a 2,000 calorie diet

† Daily Value not established

Other Ingredients: Pullulan (capsule).

‡ Certified Organic

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Certified Organic by
the Washington State
Department of Agriculture.

