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DIRECTIONS: As a dietary supplement, take 2 capsules once per day. Can be taken with food or on an empty stomach or as recommended by your healthcare professional.

Caution: If you have a medical condition, are taking medications, or are pregnant or breastfeeding, consult a healthcare professional before using this product. Keep out of reach of children.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

HOST DEFENSE® Mushrooms™

made with organic mushroom mycelium

MYCOMMUNITY®



GLUTEN FREE & VEGAN

30 CAPSULES

DIETARY SUPPLEMENT

COMPREHENSIVE
IMMUNE SUPPORT*



Supplement Facts Serving Size: 2 capsules, Servings: 15,
Amount Per Serving: Calories 5, Total Carbohydrate <1g (<1% DV),
Chaga (*Inonotus obliquus*) mycelium¹/rice biomass² 148mg¹, Maitake (*Grifola frondosa*) mycelium¹/rice biomass² 142mg¹, Reishi (*Ganoderma lucidum* s.l.) mycelium¹/rice biomass² 110mg¹, Cordyceps (*Cordyceps militaris*) mycelium¹/rice biomass² 100mg¹, Royal Sun Blazei (*Agaricus brasiliensis* f. *blazei*) mycelium¹/rice biomass² 80mg¹, Enokitake (*Flemmulina velutipes*) mycelium¹/rice biomass² 80mg¹, Mesima (*Phellinus linteus*) mycelium¹/rice biomass² 76mg¹, Lion's Mane (*Hericium erinaceus*) mycelium¹/rice biomass² 64mg¹, Turkey Tails (*Trametes versicolor*) mycelium¹/rice biomass² 48mg¹, Oyster Mushroom (*Pleurotus ostreatus*) mycelium¹/rice biomass² 48mg¹, Artist's Conk (*Ganoderma applanatum*) mycelium¹/rice biomass² 30mg¹, Oregon Ganoderma (*Ganoderma oregonense*) mycelium¹/rice biomass² 30mg¹, Agarikon (*Fomitopsis officinalis*) mycelium¹/rice biomass² 30mg¹, Amadou (*Fomes fomentarius*) mycelium¹/rice biomass² 20mg¹, Shiitake (*Lentinula edodes*) mycelium¹/rice biomass² 20mg¹, Birch Polypore (*Piptoporus betulinus*) mycelium¹/rice biomass² 12mg¹, Split Gill Polypore (*Schizophyllum commune*) mycelium¹/rice biomass² 12mg¹.

† Percent Daily Values (DV) are based on a 2,000 calorie diet

‡ Daily Value not established

Other Ingredients: Pullulan (capsule).

‡ Certified Organic

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