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DIRECTIONS: As a dietary supplement, take 2 capsules once per day. Can be taken with food or on an empty stomach or as recommended by your healthcare professional.

Caution: If you have a medical condition, are taking medications, or are pregnant or breastfeeding, consult a healthcare professional before using this product. Keep out of reach of children.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

NCHE30 REV E1

HOST DEFENSE[®] *Mushrooms*[™]

made with organic mushroom mycelium

LION'S MANE



GLUTEN FREE & VEGAN



30 CAPSULES

DIETARY SUPPLEMENT

MEMORY & NERVE SUPPORT*

Supplement Facts

Serving Size: 2 capsules

Servings Per Container: 15

Amount Per Serving	% Daily Value	
Calories	5	
Total Carbohydrate	<1g	<1% ^o
Lion's Mane (<i>Hericium erinaceus</i>) mycelium [‡] /fermented brown rice biomass [‡]	1g	†

^o Percent Daily Values are based on a 2,000 calorie diet

[†] Daily Value not established

Other Ingredients: Pullulan (capsule).

‡ Certified Organic

GROWN & DISTRIBUTED BY FUNGI PERFECTI, LLC

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Certified Organic by the WSDA.

