

LOT CODE:

**DIRECTIONS:** Shake well. Take 2 tsp. as needed. Can be taken with food or on an empty stomach, or as recommended by your healthcare professional.

Caution: If you have a medical condition, are taking medications, or are pregnant or breastfeeding, consult a healthcare professional before using this product. Keep out of reach of children.

\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

NSEP4 REV E1

HOST DEFENSE®  
*Mushrooms*™  
superfood mushroom mycelium

# ELDERBERRY PLUS

REISHI • CHAGA • TURKEY TAIL



DIETARY  
SUPPLEMENT

4 FL OZ (120 mL)

DELICIOUS SYRUP FOR  
DAILY IMMUNE SUPPORT\*

## Supplement Facts

Serving Size: 2 tsp. (10 mL)

Servings Per Container: 12

| Amount Per Serving                                                                                                   | % Daily Value   |                 |
|----------------------------------------------------------------------------------------------------------------------|-----------------|-----------------|
| Calories                                                                                                             | 30              |                 |
| Total Carbohydrate                                                                                                   | 8g              | 3% <sup>◇</sup> |
| Total Sugars                                                                                                         | 5g              | †               |
| Includes 4g added sugars                                                                                             | 8% <sup>◇</sup> |                 |
| Elderberry ( <i>Sambucus nigra</i> ) fruit juice concentrate <sup>‡</sup>                                            | 2g              | †               |
| Reishi ( <i>Ganoderma lucidum</i> s.l.) mycelium <sup>‡</sup> /fermented brown rice biomass extract <sup>‡</sup>     | 333mg           | †               |
| Chaga ( <i>Inonotus obliquus</i> ) mycelium <sup>‡</sup> /fermented brown rice biomass extract <sup>‡</sup>          | 333mg           | †               |
| Turkey Tails ( <i>Trametes versicolor</i> ) mycelium <sup>‡</sup> /fermented brown rice biomass extract <sup>‡</sup> | 333mg           | †               |
| Elderberry ( <i>Sambucus nigra</i> ) fruit extract <sup>‡</sup>                                                      | 100mg           | †               |

<sup>◇</sup> Percent Daily Values are based on a 2,000 calorie diet

<sup>†</sup> Daily Value not established

Other Ingredients: Cane sugar<sup>‡</sup>, purified water, glycerin<sup>‡</sup>, citric acid.

<sup>‡</sup> Certified Organic

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