

**PRE FIGHT™** provides all of the essential components necessary to fully prepare you for any type of battle.\* Fighters must be properly fueled when taking on a challenge, and **PRE FIGHT™**, brought to you by **Fighter's Power™** makes certain that you are battle-ready for every workout.\*

Your muscles must be hydrated and engorged with glycogen—the currency that fuels the workout.\* Included are precise ratios of simple carbohydrates, the formulators of **PRE FIGHT™** believed to help provide short range and sustained energy.\* A blend of high quality creatine is present to help fuel training muscles.\* Nitric oxide levels must be peaked to help deliver oxygen, minerals and performance enhancing ingredients to the demanding muscles.\* Electrolytes, along with a hydration matrix are present to help you stay in the fight.\* Furthermore, an additional component has been added to help buffer the acidic environment that becomes prevalent with intense training.\* Together, these ingredients are believed to help make **PRE FIGHT™** more effective the longer it is used, as intra-muscular concentrations of carnosine increase with each use.\* Whether it be a challenge in the cage or overcoming the demands of everyday life: You're a fighter.

**Life is a Fight, Train to Win.™**

#### PRE FIGHT™ HIGHLIGHTS

- Provides Explosive Power\*
- ATP Resynthesis\*
- Electrolyte Support\*
- N.O. Potentiators\*
- Lactic Acid Buffers\*
- Energy Focus Hydration\*

Palatinose® is a Registered Trademark of BENEÓ-Palatinit GmbH

Sustamine® is a registered trademark of Kyowa Hakko Bio Co., LTD. Corporation

Creapure® is a registered trademark of AlzChem Trostberg GmbH, covered by US patent 5,719,319.

Creatine MagnaPower® is a Registered Trademark of Albion Laboratories, Inc. Chelate covered by US Patents 6,114,379, 7,838,042 and patents pending.

CarnoSyn® Beta-Alanine is a Registered Trademark of Natural Alternatives International, Inc. Licensed under one or more of US Pat. Nos. 5,965,596, 6,426,361, 7,504,376 and 8,067,381.

AgmaMAX™ is a trademark of Vitajoy USA Inc.



MANUFACTURED IN THE USA  
From Foreign and Domestic Ingredients  
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palatinose®

SUSTAMINE®

Creapure®

CREATINE  
MagnaPOWER

CarnoSyn®  
Beta-Alanine

Rev. 10.12.00



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# PRE FIGHT™

LIFE IS A FIGHT TRAIN TO WIN™

ENDURANCE AND POWER\*  
PRE-WORKOUT FORMULA



CONTAINING AGMATINE SULFATE

DIETARY SUPPLEMENT

Net Weight 16 oz (454 g)

LEMON LIME

## Supplement Facts

Serving Size 1 Scoop (10.8 g)

Servings Per Container 42

|                                                                                                         | Amount Per Serving | %DV    |
|---------------------------------------------------------------------------------------------------------|--------------------|--------|
| Calories                                                                                                | 20                 |        |
| Total Carbohydrate                                                                                      | 5 g                | 2%     |
| Sugars                                                                                                  | 4 g                |        |
| Niacin (Vitamin B3)                                                                                     | 18 mg              | 88%    |
| Vitamin B6 (As Pyridoxine HCL)                                                                          | 5 mg               | 200%   |
| Folate (As Folic Acid)                                                                                  | 200 mcg            | 50%    |
| Vitamin B12 (As Cyanocobalamin)                                                                         | 100 mcg            | 1,666% |
| Magnesium (As Creatine MagnaPower® (Magnesium Creatine Chelate) and Magnesium Glycyl Glutamine Chelate) | 16 mg              | 4%     |
| Sodium (As Glycerophosphate Sodium and Sodium Citrate)                                                  | 48 mg              | 2%     |
| Potassium (As Potassium Citrate and Potassium Amino Acid Complex)                                       | 75 mg              | 2%     |

|                                                                                                                                                                                                             |                 |   |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|---|
| <b>PERFORMANCE BLEND</b>                                                                                                                                                                                    | <b>5,280 mg</b> | † |
| Creatine Monohydrate, CarnoSyn® (Beta-Alanine), AgmaMAX™ (Agmatine Sulfate), Malic Acid, Betaine Anhydrous, Caffeine Anhydrous (150mg), CreaPure® (Creatine Monohydrate), Sustamine™ (L-Alanyl L-Glutamine) |                 |   |
| <b>MULTIPHASE® ENERGY BLEND</b>                                                                                                                                                                             | <b>4,000 mg</b> | † |
| Isomaltulose (Palatinose™), Dextrose, Fructose, Glucose Polymers (Maltodextrin) and Medium Chain Triglycerides                                                                                              |                 |   |
| <b>ELECTROLYTE BLEND</b>                                                                                                                                                                                    | <b>200 mg</b>   | † |
| Raw Coconut Water Concentrate                                                                                                                                                                               |                 |   |

Percent Daily Values (DV) are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

**OTHER INGREDIENTS:** Natural Flavors, Citric Acid, Silicon Dioxide, Sucralose, Acesulfame Potassium and Yellow # 5

**Allergen:** Coconut, a tree nut allergen



**SUGGESTED USE:** TRAINING DAYS: As an adult dietary supplement and to establish tolerance to this product; mix one scoop (one serving) with 8 ounces of water or beverage and shake vigorously approximately 15 minutes prior to training. Once tolerance has been established, increase dose to two servings (two scoops). Do not exceed two servings (two scoops) use at one time or four servings (four scoops) within a 24 hour period. NON-TRAINING DAYS: take one to two servings (one / two scoops) as directed to maintain muscle saturation of ingredients. To avoid sleeplessness do not take within 6 hours of bedtime.

**WARNINGS:** PRE-FIGHT™ is intended for adult use. Do not use with any other caffeine or stimulant based products. To avoid sleeplessness do not use 6 hours prior to bedtime. Consult your health care provider prior to using this or any other dietary supplement or if you are unaware of your current health status or taking prescribed or OTC medication or if a pre-existing condition exists including but not limited to; high or low blood pressure, cardiac arrhythmia, stroke, heart, liver or thyroid disease, anxiety, depression, seizure disorder, psychiatric disease, diabetes, pernicious anemia, difficulty urinating due to prostate enlargement, or if you are taking an MAO inhibitor. **DO NOT USE IF YOU ARE PREGNANT or nursing.** Discontinue use immediately if you experience any adverse effect including; sleeplessness, tremors, dizziness, nervousness, headaches or heart palpitations. Store in a cool dry place. **KEEP OUT OF REACH OF CHILDREN.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.