



HPGL100G  
REV E1

**POWERED BY MUSHROOM MYCELIUM™**  
REISHI supports whole-body wellness, vitality, and a calm, relaxed body and mind. Sustainably grown in the USA under the supervision of Paul Stamets, our mushroom mycelium is cultured on organic brown rice. This bioavailable powder has a mild flavor and can be mixed in your favorite recipe.\*



Caution: If you have a medical condition, are taking medications, or are pregnant or breastfeeding, consult a healthcare professional before using this product. Keep out of reach of children.

\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



# HOST DEFENSE™ *Mushrooms*

# REISHI

MUSHROOM MYCELIUM POWDER

LONGEVITY SUPPORT™

DIETARY SUPPLEMENT

NET WT. 3.5 oz (100g)



DIRECTIONS: Adults take 1/2 tsp. 1–3 times per day.

Supplement Facts	
Amount Per Serving	% DV
Calories	5
Total Carbohydrate	1g <1% <sup>‡</sup>
Reishi (Ganoderma lucidum s.l.) mycelium <sup>‡</sup> /fermented brown rice biomass <sup>‡</sup>	1.5g †

Serving Size: 1/2 tsp. (1.5g)  
Servings Per Container: About 66  
‡ Percent Daily Values (DV) are based on a 2,000 calorie diet  
† Daily Value (DV) not established

‡ Certified Organic

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Certified Organic by the WSDA

