



NPBR1006
REV E1

POWERED BY MUSHROOM MYCELIUM™

BREATHE® is a synergistic blend of Chaga, Reishi, and Cordyceps that supports healthy respiration, and also promotes energy, fatigue reduction, and DNA support. Sustainably grown in the USA under the supervision of Paul Stamets, our mushroom mycelium is cultured on organic brown rice. This bioavailable powder has a mild flavor and can be mixed in your favorite recipe.*

Paul Stamets

DIRECTIONS: Adults take ½ tsp. 1–3 times per day.

Caution: If you have a medical condition, are taking medications, or are pregnant or breastfeeding, consult a healthcare professional before using this product. Keep out of reach of children.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



HOST DEFENSE® *Mushrooms*

BREATHE®

CHAGA • CORDYCEPS • REISHI
MUSHROOM MYCELIUM POWDER



HEALTHY RESPIRATORY SUPPORT™

DIETARY SUPPLEMENT

NET WT. 3.5 oz (100g)

Supplement Facts

Serving Size: 1/2 tsp. (1.5g)

Servings Per Container: About 66

Amount Per Serving	% Daily Value
Calories	5
Total Carbohydrate	1g <1%†
Cordyceps (<i>Cordyceps militaris</i>) mycelium† fermented brown rice biomass‡	500mg †
Reishi (<i>Ganoderma lucidum</i> s.l.) mycelium† fermented brown rice biomass‡	500mg †
Chaga (<i>Inonotus obliquus</i>) mycelium† fermented brown rice biomass‡	500mg †

† Percent Daily Values (DV) are based on a 2,000 calorie diet
‡ Daily Value (DV) not established

† Certified Organic



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