

COMPLETE MULTIVITAMIN

FOR THE NEEDS OF EVERY WOMAN

Expertly formulated to support the holistic health needs of women, with nutrients for heart, brain, bone and breast health support, stress support, and healthy digestion.*

IMMUNE & ENERGY BOOSTING

Fermented Zinc[†] and Vitamins C & A support immune system function, while 8 B Vitamins promote cellular energy metabolism.*

BEAUTY FROM WITHIN

Fermented Biotin[†] supports keratin production for healthy hair & nail growth, and Vitamin C protects collagen for firm, nourished skin.*

HOLISTIC HERBS

Inspired by tradition and grounded in science, advanced botanicals include organic Elderberry, Turmeric and Maca.

ABSORB THE GOOD STUFF

We fine-tune the levels of each high-quality vitamin & mineral, choose types that work best with the body, and ferment key nutrients with probiotics and whole foods.

[†] Not a sole source of this nutrient; a healthy diet is also important.

[‡] Compared to previous version

NEW CHAPTER®

EST. 1982

ONE DAILY EVERY WOMAN'S MULTIVITAMIN

FORMULATED FOR ABSORPTION

Immune, Cellular Energy, Stress & Beauty Support*

MADE WITH
ORGANIC HERBS
& VEGETABLES



DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Tablet

Amount per serving		%DV
Vitamin A (100% as beta-carotene and from ferment media)	900 mcg	100%
Vitamin C (as ascorbic acid and from ferment media)	90 mg	100%
Vitamin D3 (as cholecalciferol and from ferment media)	25 mcg (1000 IU)	125%
Vitamin E (as d-alpha-tocopheryl acetate and from ferment media)	15 mg	100%
Vitamin K (as phytylquinone [K1] from ferment media and as menaquinone-7 [K2])	120 mcg	99%
Thiamin (as thiamine hydrochloride from ferment media)	1.2 mg	100%
Riboflavin (from ferment media)	1.3 mg	100%
Niacin (as niacinamide from ferment media)	16 mg	100%
Vitamin B6 (as pyridoxine hydrochloride from ferment media)	1.7 mg	100%
Folate (as methylfolate, and as 115.3 mcg folic acid from ferment media)	400 mcg DFE	100%
Vitamin B12 (as cyanocobalamin from ferment media)	4.8 mcg	200%
Biotin (from ferment media)	15 mcg	50%
Pantothenic Acid (as calcium D-pantothenate from ferment media)	5 mg	100%
Calcium (from organic algae <i>Lithothamnion</i> spp.)	26 mg	2%
Iron (as ferrous bisglycinate chelate and as ferrous fumarate from ferment media)	3 mg	17%
Iodine (as potassium iodide from ferment media)	75 mcg	50%
Magnesium (as magnesium bisglycinate chelate, from organic algae <i>Lithothamnion</i> spp., and as magnesium oxide from ferment media)	8.4 mg	2%
Zinc (as zinc oxide from ferment media)	5.5 mg	50%
Selenium (as selenium yeast from ferment media)	40 mcg	73%
Copper (as copper sulfate anhydrous from ferment media)	0.55 mg	61%
Manganese (as manganese chloride from ferment media)	1 mg	43%
Chromium (as chromium chloride from ferment media)	18 mcg	51%
Molybdenum (as sodium molybdate from ferment media)	4.5 mcg	10%
Stress and Energy Support Blend	37.5 mg	*
Organic Maca (root), Organic Schizandra (berry), Organic Chamomile (flower)		
Hormone Support Blend	22.5 mg	*
Organic Red Clover (aerial parts), Organic Raspberry (leaf)		
Immune Support Blend	15 mg	*
Organic Eleuthero (root), Organic European Elder (berry), Organic Astragalus (root)		
Ginger (rhizome) 3.2 mg aqueous extract and 0.8 mg organic supercritical extract	4 mg	*
Organic Turmeric (rhizome) 2.7 mg and 0.8 mg supercritical extract	3.5 mg	*

* Daily Value (DV) not established

Other ingredients: Ferment media (organic soy flour, organic *Saccharomyces cerevisiae*, organic orange peel powder, organic alfalfa powder, bromelain [deactivated], papain [deactivated], organic carrot powder, lactic acid bacteria [*Lactobacillus acidophilus*, *Lactobacillus rhamnosus*, *Bifidobacterium bifidum*]), organic gum acacia, organic maltodextrin; Less than 2% of: organic coating (organic maltodextrin, organic sunflower lecithin, organic palm oil, organic guar gum).

Contains: Fermented soy.

Distributed by NEW CHAPTER, INC., 90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301 USA

For questions or comments call 888-874-4461

Certified Organic by Where Food Comes From Organic, Castle Rock, CO, USA

Certified Gluten-Free by NSF; 100% vegetarian; no artificial flavors or colors.

Manufactured in the US from Globally Sourced Ingredients.

Caution: As with any dietary supplement, advise your healthcare professional of the use of this product if you have a medical condition or are taking medication. If you are nursing, pregnant, or considering pregnancy, consult your healthcare professional prior to using this product. If you are taking blood thinning medicines, consult your healthcare professional prior to using this product. **Keep out of reach of children.**

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**SUGGESTED USE: ONE TABLET DAILY. CAN BE
TAKEN ANYTIME, EVEN ON AN EMPTY STOMACH.**

Certified



This company meets the
highest standards of social
and environmental impact



THE NEW CHAPTER® MONEY-BACK GUARANTEE

We proudly stand behind every product we make. However, if you are not satisfied, please visit www.newchapter.com/guarantee for refund details.

PLEASE RECYCLE THIS BOX AFTER USE.

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