

Directions

As a dietary supplement, mix one [1] scoop with 10-12 ounces of cold water [or any beverage of your choice] 30 minutes following workout. On non-workout days, take one [1] scoop in the morning for recovery. This product can be taken with food.

Important

During your workout, it is recommended that you drink plenty of water to stay hydrated. Do not exceed recommended daily intake. Use only as directed.

Warnings

This product is only intended to be consumed by healthy individuals 18 years of age or older. Consult your physician prior to use if you are pregnant or nursing. Consult your physician prior to use if you are taking any medications or have any medical condition. Do not exceed recommended use. Improper use will not improve results. Discontinue use and seek professional assistance immediately if you experience unwanted side effects. Discontinue use 2 weeks prior to surgery. Do not use if safety seal is broken or missing. Keep out of reach of Children. Store in a cool, dry place. Contents are sold by weight not volume. Some settling may occur.

"These statements have not been evaluated by the food and drug administration. This product is not intended to diagnose, treat, or prevent any disease."



Visit us at www.TransparentLabs.com

Support@TransparentLabs.com
Distributed by Transparent Labs, LLC.
351 E 1750 N Vineyard, UT 84059



TRANSPARENT
LABS

CREATINE HMB

CREATINE SUPPLEMENT



// STRAWBERRY LEMONADE

STRENGTHSERIES

NET WT. 285G (0.63 LBS) | Dietary Supplement

Supplement Facts

Serving Size: 1 Scoop (9.5g)
Servings Per Container: 30

Amount Per Serving	% DV†
Vitamin D	12.5mcg (500IU) 60%
Creatine Monohydrate	5,000mg *
β-Hydroxy β-Methylbutyrate (HMB) (as patented myHMB® calcium β-Hydroxy β-Methylbutyrate monohydrate)	1,500mg *
BioPerine® (Black Pepper Extract) (95% Piperine)	5mg *

† Percent Daily Value (DV) is based on a 2,000 calorie diet.
* Daily Value not established.

Other Ingredients: Citric Acid (920mg), Natural Flavors (700mg), Malic Acid (555mg), Stevia Extract (300mg), Beet Root Powder (For Color) (40mg).

BIOPERINE®

BioPerine® is a Trademark of Sabinsa Corporation.



Nutritional uses of HMB and Vitamin D are licensed to Transparent Labs under U.S. Patent # 8,815,280, # 9,259,430, # 9,539,224, # 9,707,241, # 9,770,424 and # 10,201,551.