

**SUGGESTED USE:**

As a dietary supplement, take 1 capsule daily with 8-12 oz of water or as directed by your healthcare professional.

- **THIRD PARTY TESTED†**
- **NON-GMO†**
- **GLUTEN-FREE†**

**WARNING:** For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

**NOTICE:** Store in a cool, dry place.

**MADE AND QUALITY TESTED IN THE USA  
WITH GLOBALLY SOURCED INGREDIENTS.**

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**nutricost**  
**WOMEN**

# Biotin

**With Folate & Collagen**

**10,000mcg** | **120**  
BIOTIN PER SERVING | SERVINGS

**120 Capsules**  
DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 120

| Amount Per Serving     |            | % DV*    |
|------------------------|------------|----------|
| Folate (as folic acid) | 333mcg DFE | 80%      |
| Biotin                 | 10,000mcg  | 333,330% |
| Marine Collagen        | 100mg      | **       |

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.

\*\* Daily Value not established.

Other ingredients: Rice flour, hypromellose (cellulose) capsule.

Contains: Fish.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

