

SUGGESTED USE:

As a dietary supplement, mix 1 scoop daily with 6-10 oz of water or as directed by your healthcare professional. **DO NOT EXCEED 1 SCOOP IN ANY 24 HOUR PERIOD.**

Beta-Alanine may produce a slight flushing and/or prickly sensation which is harmless and will subside within hours of use. Do not consume more than 400mg of caffeine from any source in a 24 hour period.

- **THIRD PARTY TESTED[†]**
- **NON-GMO[†]**
- **GLUTEN-FREE[†]**

WARNING: For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

NOTICE: Store in a cool, dry place. Contents are sold by weight, not volume. Some settling may occur.

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nutricost[®]
PERFORMANCE

PRE

PRE-WORKOUT COMPLEX

15g | **60** | **900g**
PER SERVING | SERVINGS | PER CONTAINER

PEACH MANGO

NATURALLY & ARTIFICIALLY FLAVORED
NET WT. 31.7 OZ (2 LB) (900 G)
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Scoop (15g)
Servings Per Container: 60

Amount Per Serving	% DV*	Amount Per Serving	% DV*
Calories	5	Taurine	2,000mg **
Total Carbohydrate	1g <1%	Agmatine Sulfate	500mg **
Thiamin (Vitamin B1) (as thiamine mononitrate)	50mg 4,170%	L-Tyrosine	500mg **
Niacin	25mg NE 160%	L-Theanine	300mg **
Vitamin B6 (as pyridoxine HCl)	60mg 3,530%	Caffeine Anhydrous	300mg **
Vitamin B12 (as methylcobalamin)	200mcg 8,330%	Theobromine	200mg **
L-Citrulline Malate 2:1	6,000mg **	Huperzine A	200mcg **
Beta-Alanine	3,000mg **		

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: Natural & artificial flavors, calcium silicate, silica, sucralose, beta carotene (for color), beet root powder (for color).

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MADE AND QUALITY TESTED IN THE USA WITH GLOBALLY SOURCED INGREDIENTS.

