

CHINESE
TIAO HE CLEANSE

NATURE'S SUNSHINE PRODUCTS, INC.
Spanish Fork, Utah 84660 1-800-223-8225
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Intestinal System Support*

Supplement Facts

LIVER BALANCE TCM Concentrate

Proprietary Blend	425 mg**
Concentrated Extract of:	
Bupleurum Root (<i>Bupleurum chinense</i>)	
Chinese Peony Root without Bark (<i>Paeonia lactiflora</i>)	
Typhonium Rhizome (<i>Typhonium flagelliforme</i>)	
Cassia Twig (<i>Cinnamomum cassia</i>)	
Dong Quai Root (<i>Angelica sinensis</i>)	
Hoelen Sclerotium with Hoshwood (<i>Poria cocos</i>)	
Scute Root (<i>Scutellaria baicalensis</i>)	
Young Bitter Orange Fruit (<i>Citrus x aurantium</i>)	
Asian Ginseng Root (<i>Panax ginseng</i>)	
Bai-Zhu Atractylodes Rhizome (<i>Atractylodes macrocephala</i>)	
Ginger Rhizome (<i>Zingiber officinale</i>)	

Buckthorn Bark (<i>Rhamnus frangula</i>)	
Licorice Root (<i>Glycyrrhiza glabra</i>)	
Capsicum Fruit (<i>Capsicum annuum</i>)	
Ginger Rhizome (<i>Zingiber officinale</i>)	
Couch Grass Rhizome (<i>Agropyron repens</i>)	
Oregon Grape Root and Rhizome (<i>Mahonia aquifolium</i>)	
Red Clover Flower (<i>Trifolium pratense</i>)	
Turkey Rhubarb Root (<i>Rheum officinale</i>)	
*Daily Value not established	
Other Ingredients: Capsule (gelatin, water).	
PSYLLIUM HULLS	
Amount Per Capsule	
Psyllium Hulls (<i>Plantago ovata</i>)	465 mg
*Daily Value not established	
Other Ingredients: Capsule (gelatin, water).	
BURDOCK	
Amount Per Capsule	
Burdock Root (<i>Arctium lappa</i>)	360 mg
*Daily Value not established	
Other Ingredients: Capsule (gelatin, water), cellulose (plant fiber), magnesium stearate (vegetable), silicon dioxide (powdered silica)	
BLACK WALNUT ATC	
Amount Per Capsule	
Black Walnut Hulls Extract (<i>Juglans nigra</i>)	480 mg
*Daily Value not established	
Other Ingredients: Capsule (gelatin, water).	

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- **Liver Balance TCM Concentrate** – Chinese Tiao He Formula
- **All Cell Detox** – Cellular Formula
- **LBS II** – Intestinal Support
- **Psyllium Hulls** – Bulking Agent
- **Burdock Root** – Nourishes Circulatory System
- **Black Walnut ATC** – Strengthens Digestive System

Take the contents of one packet (6 capsules) 15 minutes before meals up to two times daily for 15 days. Drink one glass (8 ounces) of water with the capsules, followed by another glass of water. This should produce two or three bowel movements daily. If stools become too loose, reduce the number of packets being used. Continue the program until all 30 packets have been used. (Program not recommended for children.)

Notice: This product contains cascara sagrada bark, buckthorn bark, and Turkey rhubarb root. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain. Consult your physician if you have frequent diarrhea, or if you are pregnant, nursing, taking medication, or have a medical condition. Do not exceed recommended dose. Not for long-term use.

Nature's Sunshine uses natural source materials in its products that are subject to color variation.

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Herbal Supplement - 15 Day Program

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- **Liver Balance TCM Concentrate** – Fórmula China Tiao He
- **All Cell Detox** – Fórmula Celular
- **LBS II** – Apoyo Intestinal
- **Psyllium Hulls** – Agente Abultante
- **Burdock Root** – Nutre al Sistema Circulatorio
- **Black Walnut ATC** – Fortalece el Sistema Digestivo

Tome el contenido de un sobre (6 cápsulas) 15 minutos antes de las comidas hasta 2 veces al día durante 15 días; beba por lo menos 8 onzas (un vaso lleno) de agua con las cápsulas, y, a continuación, otro vaso más. Debería tener diariamente dos o tres evacuaciones intestinales; si los excrementos fuesen muy blandos, utilice sólo dos sobres por día o aún uno si fuese necesario. Continúe el programa hasta que se acaben los 30 sobres. (No se recomienda el programa para los niños.)

Importante: Este producto contiene las cortezas de cascara sagrada y de buckthorn, y raíz de ruibarbo de Turquía. Lea y siga las direcciones cuidadosamente. No lo use si desarrolla diarrea, deposiciones sueltas o dolor abdominal. Consulte a su doctor si tiene diarrea frecuente, o si está embarazada, dando de lactar, tomando medicamentos o si tiene una condición médica. No exceda la dosis recomendada. No usar por periodos de largo plazo.

Nature's Sunshine utiliza materiales de fuentes naturales los cuales están sujetos a variación en color.