CONVERT YOUR STRENGTH INTO INFINITE POWER

Among the most beneficial and effective supplements in any sports nutrition program are the branched chain amino acids (BCAAs).* These are the essential amino acids leucine, isoleucine and valine which can only be provided through food or supplements.* As the building blocks for protein. BCAAs are unique in that they are metabolized in skeletal muscle.* Take BCAAs before and after exercise to increase the anabolic effects of your training regimen.* Numerous studies have demonstrated the anti-catabolic effects of taking BCAAs.* Furthermore, supplementing your diet with BCAAs leads to faster muscle recovery. prolonged endurance and increased metabolic fuel

during exercise.*







Serving Size 6 Capsules Servings Per Container 40

	Amount Per Serving	% DV
L-Leucine	1500 mg	**
L-Isoleucine	750 mg	**
L-Valine	750 mg	**

**Daily Value not established

OTHER INGREDIENTS: Gelatin, Silicon Dioxide. Microcrystalline Cellulose, Magnesium Stearate, FD&C Blue #1. Titanium Dioxide

BCAAs (Branched Chain Amino Acids) are used by strength training athletes to support an anabolic environment while concurrently reducing muscle breakdown caused by intense training.*







SUGGESTED DIRECTIONS AND USE

As a dietary supplement, adults take 1 to 2 servings daily or required amount depending upon physical activity.*

WARNINGS: Do not exceed the recommended



intended to diagnose, treat, cure or prevent any disease.





daily dose. Consult a physician prior to using this or any other supplement or if you have any medical condition. Do not use if you are pregnant or lactating. KEEP OUT OF REACH OF CHILDREN NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS, STORE IN A COOL, DRY PLACE





*These statements have not been evaluated by the Food and Drug Administration. This product is not

2:1:1 BRANCHED CHAIN AMINO ACID COMPLEX

DIETARY SUPPLEMENT 240 CAPSULES

MANUFACTURED IN THE USA From Foreign and Domestic Ingredients

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