

## **HIGH POTENCY** WOMEN'S ONE 50+ DAILY MULTIVITAMIN



Health\*





with Ashwagandha, Black Cohosh. and Probiotics

## Packed with Potency to Power Your Day

Rainbow Light™ Women's One™ 50+ Daily Multivitamin provides a comprehensive spectrum of nutrients to support the active lifestyles of women ages 50 and above.

These high potency multivitamins, with ready-to-absorb minerals, are formulated to support optimal nutrition and replenishment, for a solid foundation today and every day.\*









Eco-Guard Packaging Bottle made from 100% recycled material<sup>1</sup> excluding colorant



ACTUAL SIZE TABLET

Contains NO: Wheat, milk, tree nuts, peanuts, soy, eggs, fish, or shellfish.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USAGE: Women age 50 and older, take one tablet per day with or between meals.

## Supplement Facts

Serving Size 1 Tablet Servings Per Container 60

| Amount Pr  | er Serving             | % DV   |
|--|------------------------|--------|
| Vitamin A (as beta-carotene)   | 900 mcg                | 100%   |
| Vitamin C (ascorbic acid)  | 90 mg                  | 100%   |
| Vitamin D (as cholecalciferol)   | 50 mcg                 | 250%   |
| Vitamin E (as d-alpha tocopheryl succinate)  | 15 mg                  | 100%   |
| Vitamin K (as phytonadione)  | 100 mcg                | 83%    |
| Thiamin (as thiamin mononitrate)   | 6 mg                   | 500%   |
| Riboflavin (vitamin B2)  | 5.6 mg                 | 431%   |
| Niacin (as niacinamide)  | 20 mg                  | 125%   |
| Vitamin 86 (as pyridoxine hydrochloride)   | 20 mg                  | 1176%  |
| Folate (as folic acid) 400<br>(240 mcg   | mog DFE<br>folic acid) | 100%   |
| Vitamin B12 (as methylcobalamin)   | 10 mcg                 | 417%   |
| Biotin   | 30 mcg                 | 100%   |
| Pantothenic Acid (as calcium pantothenate)   | 13 mg                  | 260%   |
| Choline (as choline bitartrate)  | 25 mg                  | 5%     |
| Calcium (from red algae (Lithothamnion sp.))   | 100 mg                 | 8%     |
| Iron (as iron chelate)   | 6 mg                   | 33%    |
| lodine (from inactivated yeast (Saccharomyces cerevisiae))   | 150 mcg                | 100%   |
| Magnesium (as magnesium oxide from seawater)   | 50 mg                  | 12%    |
| Zinc (as zinc citrate)   | 11 mg                  | 100%   |
| Selenium (as selenium L-methionine complex)  | 55 mcg                 | 100%   |
| Copper (as copper chelate)   | 1 mg                   | 111%   |
| Manganese (as manganese citrate)   | 5 mg                   | 217%   |
| Molybdenum (as molybdenum glycinate chelate)   | 45 mcg                 | 100%   |
| Organic Rainbow Superfoods Blend   | 65 mg                  | t      |
| Organic Spirulina, Organic Beet (root), Organic Brocco<br>Organic Kale (leaf), Organic Spinach (leaf), Organic Bl<br>Organic Blueberry (fruit), Organic Carrot (root), Organic | ackberry (f            | ruit). |
| Women's 50+ Botanical Blend  | 125 mg                 | t      |
| Black Cohosh (rhizome, root) Extract, Ginkgo (leaf) Ext<br>Ashwagandha (root) Extract, Organic Chlorella   | tract,                 |        |
| Ginger, Enzyme and Probiotic Blend   | 37 mg                  | t      |
| Ginger (root) Juice Extract, Bromelain (from pineapple<br>Papain (from papaya fruit latex), Bacillus coagulars N<br>(1 million CFUT)   | stem),<br>ITCC 5856    |        |
| 1  |                        |        |

Other ingredients: Microcrystalline cellulose, maltodextrin, coating (hydroxypropyl cellulose, hypromellose), croscarmellose sodium.

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- Formulated with ready-to-absorb minerals
- With black cohosh for menopause support\*
- Supports immune cell functioning (with vitamins C, D, and zinc)\*
- Supports healthy brain function\*

KEEP OUT OF REACH OF CHILDREN: Consult your physician prior to using this product if you are pregnant, nursing, taking any medication or have a medical condition.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Tamper Evident: Do not use if safety seal on bottle is broken or missing.

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