

SUGGESTED USAGE: Take one tablet per day with or between meals.

Just one daily tablet to power every part of you

- Formulated with ready-to-absorb minerals
- Contributes to normal energy-yielding metabolism*
- With thiamin to support normal heart function*
- Supports healthy brain function*

ACTUAL SIZE
TABLET



vitamin angels
PROUD SUPPORTER



Eco-Guard™ Packaging
Bottle made from 100% recycled material
excluding colorant

Contains NO: Wheat, milk, tree nuts, peanuts, soy, eggs, fish, or shellfish.

KEEP OUT OF REACH OF CHILDREN: Consult your physician prior to using this product if you are pregnant, nursing, taking any medication or have a medical condition.

Temper Evident: Do not use if safety seal is broken or missing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 5. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



NEW & IMPROVED!

**RAINBOW
LIGHT™**

**HIGH POTENCY
WOMEN'S ONE™
DAILY MULTIVITAMIN**



Promotes
Whole Body
Health*



Supports
Immune Health*



with Ashwagandha,
Lutein, and
Probiotics

150 VEGETARIAN TABLETS
MULTIVITAMIN SUPPLEMENT



Supplement Facts

Serving Size 1 Tablet
Servings Per Container 150

	Amount Per Serving	% DV		Amount Per Serving	% DV
Vitamin A (as beta-carotene)	900 mcg	100%	Magnesium (as magnesium oxide from seawater)	50 mg	10%
Vitamin C (ascorbic acid)	90 mg	100%	Zinc (as zinc citrate)	11 mg	10%
Vitamin D (as cholecalciferol)	50 mcg	250%	Selenium (as selenium L-methionine complex)	55 mcg	10%
Vitamin E (as d-alpha-tocopheryl succinate)	15 mg	100%	Copper (as copper chelate)	0.9 mg	10%
Vitamin K (as phylloquinone)	120 mcg	100%	Manganese (as manganese citrate)	2.3 mg	10%
Thiamin (as thiamin mononitrate)	6 mg	500%	Molybdenum (as molybdenum glycinate chelate)	45 mcg	10%
Riboflavin (vitamin B2)	5.6 mg	431%	Organic Rainbow Superfoods Blend	80 mg	1
Niacin (as niacinamide)	20 mg	125%	Organic Spirulina, Organic Beet (root), Organic Broccoli (floret, stem), Organic Kale (leaf), Organic Spinach (leaf), Organic Blackberry (fruit), Organic Blueberry (fruit), Organic Carrot (root), Organic Cranberry (fruit)		
Vitamin B6 (as pyridoxine hydrochloride)	20 mg	1176%	Women's Botanical Blend	86 mg	1
Folate (as folic acid) (240 mcg folic acid)	400 mcg DFE	100%	Organic Pomegranate (fruit) Concentrate, Ashwagandha (root) Extract, Grape (juice, seed, skin) Extract, Organic Chlorella, Lutein (from Aztec Marigold flower)		
Vitamin B12 (as methylcobalamin)	10 mcg	417%	Ginger, Enzyme and Probiotic Blend	37 mg	1
Biotin	50 mcg	167%	Ginger (root) Juice Extract, Bromelain (from pineapple stem), Papain (from papaya fruit latex), Bacillus coagulans M70C 5856 (1 million CFU)		
Pantothenic Acid (as calcium pantothenate)	13 mg	260%			
Choline (as choline bitartrate)	55 mg	10%			
Calcium (from red algae (Lithothamnion sp.))	100 mg	8%			
Iron (as iron chelate)	6 mg	33%			
Iodine (from radiolabeled yeast (Saccharomyces cerevisiae))	150 mcg	100%			

Other Ingredients: Microcrystalline cellulose, maltodextrin, coating (hydroxypropyl cellulose, hypromellose), croscarmellose sodium.

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